

IF YOU FEEL SICK, STAY HOME AND STOP THE SPREAD. HELP PROTECT RESIDENTS AND STAFF FROM INFECTIONS.

Before entering - screen yourself and those with you for symptoms



- Generally, not feeling well (muscle aches, headache, tired, chills)
- Fever
- Sore throat
- New or worsening cough
- Runny or stuffy nose
- Nausea or vomiting
- Diarrhea
- Stomach pain
- Rash of unknown origin
- Decrease or loss of taste or smell

DO NOT ENTER even if symptoms are mild

Go home and self-isolate until you no longer have a fever and your other symptoms have been improving for 24 hours (48 hours if you have nausea, vomiting, or diarrhea)

For 10 days from when your symptoms began, you should:

- Monitor for new or worsening symptoms
- Wear a tight-fitting, well-constructed mask in indoor public settings
- Avoid visiting with people at higher risk of severe illness including older adults
- Avoid non-essential visits to high-risk settings including long-term care and retirement homes
- Avoid non-essential activities where you need to take off your mask



If you have any questions about what this means for you and your loved ones within the home, please call the home.