



Hamilton

Mountain Sexual Health Clinic

Mountain Sexual Health Clinic



- 1447 Upper Ottawa St.
(between Stonechurch Rd. and Rymal Road)
- Across from “Metro” grocery store
- 4 other clinics
- Info: 905-528-5894
- All ages



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Clinic Reception



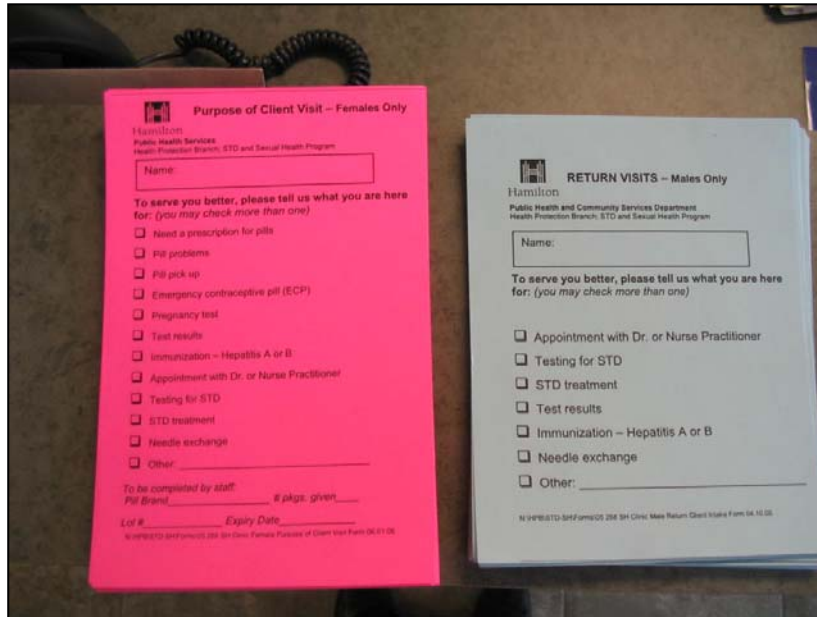
- A receptionist will ask you to sign in
- Your visit is confidential
- You may ask the nurse for an absence slip if you miss class due to an appointment



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Receptionist Jennifer

Visiting the Clinic



- Put your name on a sign in sheet and check off the reason for your visit
- Fill out a health questionnaire
- You do not need a health card
- No cell phone use



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Services Available

- Birth control at low cost (up to age 20)
- Free condoms
- Counselling about safer sex and abstinence
- Emergency contraception (ECP or “morning after pill”)
- Tests: PAP, pregnancy, STIs & HIV
- Free STI treatment



Mountain Sexual Health Clinic



Clinic waiting room

- Educational DVDs
- Pamphlets
- Free condoms



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No Appointment Needed



- Birth control pick ups
- Emergency contraception
- Pregnancy test
- STI testing



PHN Linda

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Birth Control



- Clinic offers birth control pills, patch, and ring
- Emergency contraception
- If you are under 20 years old, birth control pills available at lower cost
- Cash or debit accepted



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Starting Birth Control



- To start birth control, you will have a teaching session with a PHN
- You *do* need an appointment to see a doctor or nurse practitioner to prescribe more birth control and have a Pap test



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Dr. Archibald

STI Testing



- Males are tested for chlamydia and gonorrhoea by urine sample
- Females have samples taken from the vagina or by a urine test
- Genital herpes can be checked by testing a new blister



STI Testing



Blood tests offered:

- HIV
- Syphilis
- Hepatitis



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Test Results



- Return to clinic in 2 weeks for your results
- You will be asked how we may reach you confidentially *only* if you do not return for your results



PHN Catherine &
Dr. Archibald

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Sexual Health Information Line



If you have any questions,
call our confidential
Sexual Health Information
line to speak to a public
health nurse
Mon-Fri 8:30am – 4:30pm

PHN Nicole

905-528-5894

Check our website:

www.hamilton.ca/std



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