



Hamilton

**Waterdown Sexual Health Clinic**

# Waterdown Sexual Health Clinic



- 315 Dundas Street East  
2<sup>nd</sup> floor
- Between Main and Mill St.
- In the Early Years Centre
- 4 other clinics
- Info: 905-528-5894
- All ages



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# Location of the Clinic



Located beside Memorial Hall



Clinic is located inside this red brick building

# Waterdown Sexual Health Clinic



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Go in the front door of the house and  
up the stairs

# Waterdown Sexual Health Clinic



Clinic waiting room

- Pamphlets
- Free condoms



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# No Appointment Needed



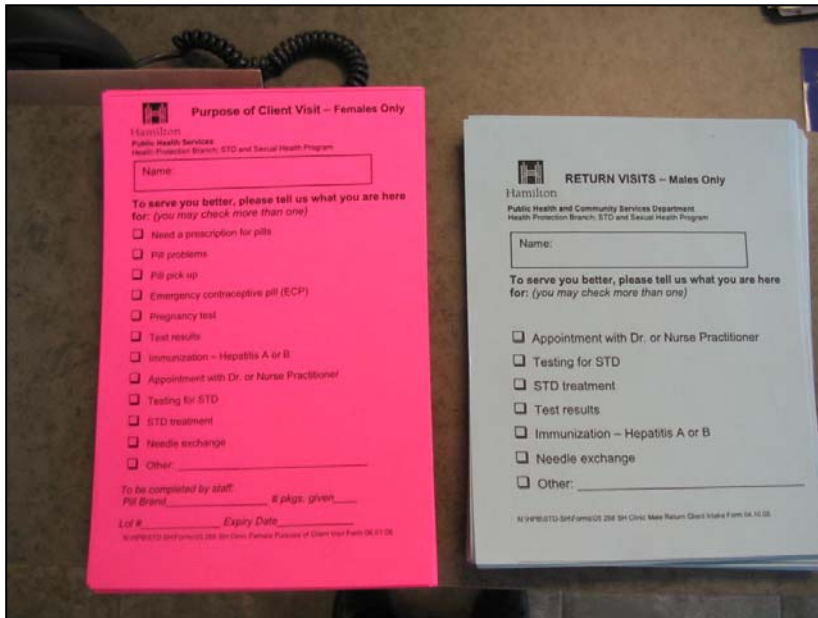
- Your visit is confidential
- You do not need a health card
- You may ask the nurse for an absence slip if you miss class due to an appointment
- No cell phone use



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# Visiting the Clinic

- You will be asked to complete a sign in sheet and a health questionnaire



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# Services Available

- Birth control at low cost (up to age 20)
- Free condoms
- Counselling about safer sex and abstinence
- Emergency contraception
- Tests: PAP, pregnancy, STIs & HIV
- Free STI treatment



# Birth Control



- Clinic offers birth control pills, patch, and ring
- Emergency contraception
- If you are under 20 years old, birth control pills available at lower cost



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# Starting Birth Control

- To start birth control you will have a teaching session with a PHN
- You *do* need an appointment to see a doctor or nurse practitioner to prescribe more birth control packs and have a Pap test
- An appointment with the doctor or nurse practitioner would be scheduled at one of the other sexual health clinics (no longer available at Waterdown clinic)



# STI Testing

- A urine sample can be tested for Chlamydia and Gonorrhea
- Blood tests for HIV, syphilis, and hepatitis are also offered



# Test Results

- Return to clinic in 2 weeks for your results
- You will be asked how we may reach you confidentially *only* if you do not return for your results



# Sexual Health Information Line



PHN Sabrina

If you have any questions,  
call our confidential  
Sexual Health Information  
line to speak to a public  
health nurse

Mon-Fri 8:30am – 4:30pm

**905-528-5894**



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Check our website:

**[www.hamilton.ca/std](http://www.hamilton.ca/std)**