

## Bedioui, Ida

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**From:** Karen Buck [karenbuck@rogers.com]  
**Sent:** Monday, June 30, 2008 2:59 PM  
**To:** Bedioui, Ida  
**Subject:** Hamilton Water Fluoridation

Attention: Ida Bedioui  
Re: Water Fluoridation in Hamilton

I am a resident of the City of Toronto and am opposed to the addition of fluoride to Ontario's drinking water. It is no longer necessary to expose whole populations to fluoride through their drinking water based on the principle of caries prevention. Most people have access to fluoridated toothpaste if they feel they want to topically apply fluoride to their teeth to prevent dental caries.

I came to oppose fluoride additions to Ontario's drinking water for three reasons:

- The American Dental Association issued an advisory that no child under the age of 1 should be fed formula constituted with fluoridated water;
- Fluoride is proven to work topically on teeth to prevent dental caries and, in addition, it is a healthy diet and good dental hygiene that prevent caries; and,
- Many sub-populations within Ontario are adversely affected by over-exposure to fluoride through the consumption of food and large amounts of fluoridated water. Among those that could be adversely affected are lactating mothers, children, athletes, construction workers and those whose health...diabetes, kidney disease...compromises them.

Since the review of Fluoride undertaken by the U. S. National Academy of Sciences and the subsequent release of the National Research Council Report in 2006 there is greater scientific evidence that supports the removal of fluoride from drinking water.

Even without the above report it was questionable that a whole population should be medicated with a drug...fluoride...without a doctor's examination and without the doctor's prescription of a recommended dose and without the doctor's follow-up to confirm a positive outcome.

Fluoride has been, until the NRC Report, basically an unethical approach to the problem of dental caries and it is now time to reflect...and to stop the fluoridation of drinking water.

When I have visited Hamilton to attend events at the Copps Coliseum, the Around the Bay Race and the Botanical Gardens I and my family and friends have been compromised in our choice of water.

I am now hoping that you will change your fluoridation policy to remove fluoride from Hamilton's drinking water and that when I visit in the future I will gladly...along with my family and friends...choose to drink Hamilton's tap water.

Sincerely,  
Karen Buck and Erwin Buck  
58 Leuty Avenue,  
Toronto, Ontario.

M4E 2R2  
(416) 690-7593

Allison Buck (daughter), Brody Buck (grandson)

Karen Buck

58 Leuty Avenue,  
Toronto, Ontario.  
M4E 2R4  
t: (416) 690-7593  
f: Same as above, call first.  
e: karenbuck@rogers.com