



Home Safety Checklist

Hamilton
Public Health Services

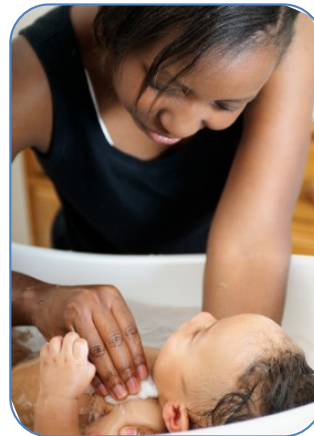
Bedroom

- Make sure your baby's crib, cradle or bassinet meets Canadian safety standards.
- Take bumper pads, blankets, pillows and toys out of your baby's crib.
- Always keep one hand on your baby when using high surfaces for changing.
- Keep the crib away from windows, curtains, blind cords, lamps, electrical plugs, and extension cords.



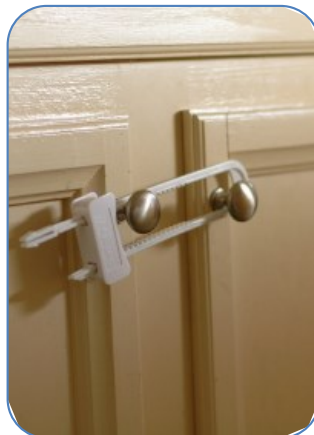
Bathroom

- Always stay within arms' reach of your child around water.
- Check bath water temperature with your wrist or elbow. It should feel warm but not hot.
- Keep medications, make-up, and razors locked up and out of reach.
- Put the Ontario Poison Centre phone number in your phone (1-800-268-9017).



Kitchen

- Put safety devices on drawers and cupboards.
- Make sure cleaners, matches and lighters are locked up and out of reach.
- Always cook on the back burners with pot handles turned in.
- Never hold your baby when you are drinking a hot beverage or cooking.
- Keep hot items, appliances and cords away from the edge of the counter.



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Health Connections
(905) 546-3550

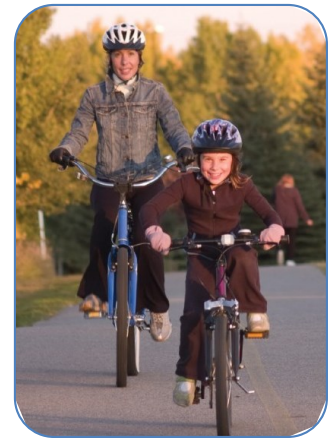
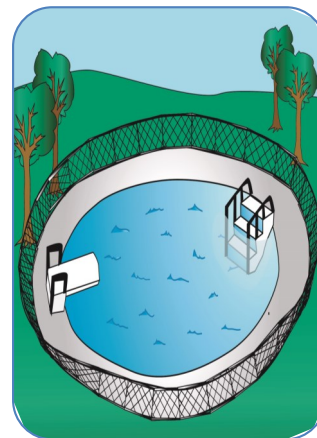
Family Room

- Cut or tie up blind cords and place them out of reach. You can also replace them with cordless blinds.
- Cover electrical outlets with safety plugs.
- Tie up electrical cords and place them out of reach.
- Block fireplaces with a fireplace gate.



Outside

- Make sure pools are surrounded by a 4-sided fence with a self-closing, self-latching gate.
- Empty toddler pools and buckets after each use.
- Make sure your child always wears a helmet. Be a role model and wear your helmet too.



All Areas

- Install wall-mounted safety gates at the top and bottom of stairs.
- Install guards and stops on windows above the first floor.
- Install working smoke alarms and carbon monoxide detectors on each floor and outside sleeping areas. Change batteries every year.
- Keep items and toys with small pieces, strings, or cords out of reach.
- Make sure furniture and televisions are secured or attached to the wall. Anchors are available at hardware stores or through the product manufacturer.

