

# AQUATIC LEADERSHIP PROGRESSION

Pathway to become a certified Lifeguard and Swim Instructor



Looking for a program to assist with developing your strokes and improve endurance?

Register for **SWIM FOR FITNESS** programs.

**Are you employment ready?**  
Visit: [hamilton.ca/recjobs](http://hamilton.ca/recjobs)

**Wading Pool Attendant**

- 14 years of age
- Bronze Medallion certification or above
- Standard First Aid and CPR C

**Instructor Guard**

- 16 years of age
- National Lifeguard (Pool)
- Lifesaving Society Instructor
- Lifesaving Society Swim Instructor
- Standard First Aid and CPR C