AQUATIC LEADERSHIP PROGRESSION

Pathway to become a certified Lifeguard and Swim Instructor

Bronze Medallion Must be 13 yrs or have Bronze Star

Bronze Star

Recommended 11-14 yrs

Bronze Cross Must have Bronze Medallion / Emergency First Aid Looking for a program to assist with developing your strokes and improve endurance?

Register for SWIM FOR FITNESS programs.

Assistant Instructor

(recommended) Must be 14 yrs and have Bronze Cross

Standard First Aid and CPR C

(This prerequisite is required prior to participating in the National Lifeguard program)

Combined Swim and Lifesaving Instructor Must be 15 yrs by the first day of

course and have taken, Bronze Cross or National Lifeguard (Assistant Instructor recommended)

National Lifeguard

Must be 15 yrs by the first day of the course and have taken Standard First Aid, CPR-C and Bronze Cross

Are you employment ready?

Wading Pool Attendant

- 14 years of age
- Bronze Medallion certification or above
- Standard First Aid and CPR C

Instructor Guard

- 16 years of age
- National Lifeguard (Pool)
- Lifesaving Society Instructor
- Lifesaving Society Swim Instructor
- Standard First Aid and CPR C



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