

A photograph of a woman with long dark hair smiling, with a young girl and a young boy leaning in from the sides, also smiling. They are outdoors against a blue sky and greenery.

**IT'S MORE
IMPORTANT
THAN EVER
TO REDUCE
THE SPREAD
OF FLU**

Immunization against influenza is recommended for all community members 6 months and older.

LET'S DO OUR PART.

**Talk to your doctor,
nurse, pharmacist, or
health centre about
getting the flu shot.**

www.hamilton.ca/flu

