



Hamilton

**Eastmount Community Centre, 115 East 26th Street, Hamilton
(905) 5464920**

GYM SCHEDULE – September 6, 2022 to December 24, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		Exploring Movement (3-5yrs) 5:00pm-5:30 pm				
		Sports Blast (6-12yrs) 5:30pm-6:15pm				
		Girls Who Move (9-12yrs) 6:30pm-7:30pm (Registered)				

NOTES: Centre will be closed on Monday October 10, 2022 (Thanksgiving)

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.