



Main Hess Seniors Activity Club
200 Jackson St. N, Hamilton
(Within City Housing Hamilton Apartment Building)

SCHEDULE

Program Schedule – Sept 6 – Dec 24, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Stretch Your Mind (Jeopardy and Brain Games) FREE (Main Room) 1:30-3:30pm	Closed	*Food Market FREE (Room D) 12:45pm-4:00pm	Stretch Your Mind (Jeopardy and Brain Games) FREE (Main Room) 1:00-3:30pm	Railroad Euchre \$1.00 (Main Room) 5:30-8:30pm	Closed	Closed
Bingo 10¢ per card (Room D) 1:30-3:30pm		Social Time FREE (Main Room) 1:30-4:00pm	Bingo 10¢ per card (Room D) 1:30-3:30pm			
Railroad Euchre \$1.00 (Main Room) 5:30-8:30pm		Railroad Euchre \$1.00 (Main Room) 5:30-8:30pm				

NOTES:

- *Food market appointments required. Must live at 200 Jackson Street West or 191 Main Street West, Hamilton and be 55+.**
- For Food Market appointments call 905-973-0577.
 - Dates of market are Sept 14, Sept 28, Oct 12, Oct 26, Nov 9, Nov 23, Dec 7

For more information contact City of Hamilton, Recreation general information line at **905-546-3747** or recreation@hamilton.ca



*Funded in partnership with the
 Ministry for Seniors and Accessibility*