



Sir Wilfrid Laurier Recreation Center
60 Albright Rd. Hamilton
905-546-4853

SWIM SCHEDULE – December 27, 2022 to January 8, 2023

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Swim 55+	9:30-10:45 am		9:30-10:45 am		9:30-10:45 am		
Open Swim 18+						12:00-1:00 pm	
Water Fit	11:00-11:45 am		11:00-11:45 am		11:00-11:45 am		
Open Swim	12:00-1:00 pm	12:00-1:00 pm	12:00-1:00 pm	12:00-1:00 pm	12:00-1:00 pm		
Free Open Swim						1:00-3:00 pm	
Lengths	12:00-1:00 pm 2 Lanes	11:00-11:45 am 12:00-1:00 pm 2 Lanes	12:00-1:00 pm 2 Lanes	11:00-11:45 am 12:00-1:00 pm 2 Lanes	12:00-1:00 pm 2 Lanes	12:00-1:00 pm 2Lanes	

NOTES: Centre will be closed on December 25, 26 & January 1, 2023

SUPERVISION REQUIREMENTS

AGE OF CHILD	RATIO WITHOUT LIFEJACKETS	RATIO WITH LIFEJACKETS
0 – 5 YEARS	1:2	
6 – 9 YEARS	1:4	1:8

SWIM ADMISSION CRITERIA

All non-swimmers must remain in the shallow end.

- Children 0-5 years of age must be accompanied by a parent or guardian, and must be within arm’s reach at all times.
- Children 6-9 years of age who cannot pass the Facility Swim Test, must be accompanied by a parent or guardian, and must be within arm’s reach at all times.
- Children 6-9 who can pass the Facility Swim Test may be admitted without a parent or guardian

A guardian is defined as an individual at least 12 years of age or older who is responsible for the direct supervision of children within their care.