



Hamilton

Valley Park Community Centre, 970 Paramount Drive
905-546-2424 ext. 1114

GYM SCHEDULE – December 27, 2022 to January 8, 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Pickleball (18+) 9:00am-1:00pm	Badminton (18+) 10:45am- 12:45pm	Pickleball (18+) 9:00am- 12:00pm	Pickleball (18+) 12:00pm-4:00pm	Badminton (18+) 9:00am-11:00am	Basketball (18+) 12:00pm-2:00pm	Open Gym (12-17yrs) 12:00pm- 1:30pm
Open Gym (Family) 2:00pm- 4:30pm	Open Gym (Parent & tot) EarlyON 1:00pm-3:00pm	Open Gym (Parent & tot) EarlyON 1:00pm-2:30pm		Open Gym (All Ages) 2:30pm-4:00pm	Open Gym (Family) 2:00pm- 4:00pm	Open Gym (Family) 1:30pm- 3:00pm
Open Gym (12-17yrs) 5:00pm-6:30pm	Basketball (12-17yrs) 8:00pm-9:00pm			Open Gym (Family) 4:00pm- 6:00pm		
Badminton (18+) 7:00pm-9:00pm				Basketball (12-17yrs) 6:00pm-8:00pm		

**NOTES: Centre will be closed December 25, 26 and January 1
Gym and Club daytime programs cancelled during December 28-30, 2022.**

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.