



Hamilton

Eastmount Community Centre, 115 East 26th Street, Hamilton
905-546-4920

GYM SCHEDULE – January 9, 2023 to April 2, 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Exploring Movement (3-5yrs) 5:00pm-5:30 pm					
	Sports Blast (6-12yrs) 5:30pm-6:15pm					
	Girls Who Move (9-12yrs) 6:30pm-7:30pm (Registered)					

NOTES: Centre will be closed Monday February 20, 2023

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.