



Hill Park Recreation Centre
305 South Bend Road East
905-546-4920

SWIM SCHEDULE –January 9, 2023 – April 2, 2023

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Swim 18+ (combined with Length Swim)	8:00-9:30am 7:30-9:00pm		8:15-9:15pm			12:00-1:30pm	
Length Swim	8:00-9:30am 7:30-9:00pm		8:15-9:15pm			12:00-1:30pm	
Open Swim						1:30-3:00pm	
Open Swim-Female Only				7:00-8:00pm			
Waterfit-Female Only				8:00-8:45pm			

NOTES: Centre will be closed Monday February 20, 2023

SUPERVISION REQUIREMENTS

AGE OF CHILD	RATIO WITHOUT LIFEJACKETS	RATIO WITH LIFEJACKETS
0 – 5 YEARS	1:2	
6 – 9 YEARS	1:4	1:8

SWIM ADMISSION CRITERIA

All non-swimmers must remain in the shallow end.

- Children 0-5 years of age must be accompanied by a parent or guardian and must be within arm’s reach at all times.
- Children 6-9 years of age who cannot pass the Facility Swim Test, must be accompanied by a parent or guardian, and must be within arm’s reach at all times.
- Children 6-9 who can pass the Facility Swim Test may be admitted without a parent or guardian

A guardian is defined as an individual at least 12 years of age or older who is responsible for the direct supervision of children within their care.