



Warden Seniors Club
1655 Barton St E, Hamilton, ON L8H 3C3
905-546-4256

PROGRAM SCHEDULE – January 9, 2023 to April 2, 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Bid Euchre 1:00 – 4:00pm \$3.25	Chair Exercise Program 10:30am – 11:15am \$0.50	Euchre 1:00 – 4:00pm \$3.25	Chair Exercise Program 11:00-11:45am \$0.50			Bid Euchre 1:00 – 4:00pm \$3.25
	Chair Yoga 11:30-12:15pm \$0.50		Chair Yoga 12:00-12:45pm \$0.50			
	Social 12:15-1:30pm		Social 12:00-1:30pm			

NOTES: To participate in any senior program, you must be a paid member of the Warden Seniors Club. Membership fee is \$6.00 per year.

For more information contact City of Hamilton, Recreation general information line at **905-546-3747** or recreation@hamilton.ca