



**Hill Park Recreation Centre**  
**305 South Bend Road East**  
**905-546-4920**

**SWIM SCHEDULE –January 9, 2023 – April 2, 2023**

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Open Swim 18+</b> (combined with Length Swim)	8:00-9:30am 7:30-9:00pm		8:15-9:15pm			12:00-1:30pm	
<b>Length Swim</b>	8:00-9:30am 7:30-9:00pm		8:15-9:15pm			12:00-1:30pm	
<b>Open Swim</b>						1:30-3:00pm FREE	
<b>Open Swim-Female Only</b>				7:00-8:00pm			
<b>Waterfit-Female Only</b>				8:00-8:45pm			

**NOTES: Centre will be closed Monday February 20, 2023**

**SUPERVISION REQUIREMENTS**

AGE OF CHILD	RATIO WITHOUT LIFEJACKETS	RATIO WITH LIFEJACKETS
0 – 5 YEARS	1:2	
6 – 9 YEARS	1:4	1:8

**SWIM ADMISSION CRITERIA**

All non-swimmers must remain in the shallow end.

- Children 0-5 years of age must be accompanied by a parent or guardian and must be within arm’s reach at all times.
- Children 6-9 years of age who cannot pass the Facility Swim Test, must be accompanied by a parent or guardian, and must be within arm’s reach at all times.
- Children 6-9 who can pass the Facility Swim Test may be admitted without a parent or guardian

A guardian is defined as an individual at least 12 years of age or older who is responsible for the direct supervision of children within their care.