

SPDAT SCORING COMPENDIUM

Service Prioritization Decision Assistance Tool (SPDAT) for **Single Adults**

VERSION 5.0

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Name: _____ **Worker:** _____
Date: _____ **SPDAT #:** *(Initial, Move-In, 30-days, etc.)* _____

A. Mental Health & Wellness & Cognitive Functioning

Any of the following:

- Serious and persistent mental illness (declaration of such; or, two or more hospitalizations in a mental health facility or psychiatric ward of a hospital because of a diagnosable mental health condition that is likely serious and persistent) **and** not in a heightened state of recovery currently
- Major barriers to performing tasks and functions of daily living or communicating intent because of a brain injury, learning disability, or developmental disability

Any of the following:

- Heightened concerns about state of mental wellness, but without two or more hospitalizations in a mental health facility/ward (or proof thereof), and/or without knowledge of the presence of a diagnosable mental health condition
- Diminished ability (reduced achievement) to performing tasks and functions of daily living or communicating intent because of a brain injury, learning disability, or developmental disability

While there may be concern for overall mental health or mild impairments to performing tasks and functions of daily living or communicating intent, all of the following are true:

- No major concerns about the safety or ability of the individual to be housed without intensive supports to assist with mental health or cognitive functioning
- No major concerns to the health and safety of others because of mental health or cognitive functioning ability
- No compelling reason to have the individual screened by an expert in mental health or cognitive functioning prior to housing to fully understand capacity

The individual is in a heightened state of recovery, understands symptoms and strategies for coping with them, and is engaged with mental health supports as necessary.

No mental health or cognitive functioning issues disclosed, suspected, or observed.

NOTES/COMMENTS RATIONALE:



B. Physical Health & Wellness

	<p>Any of the following:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Co-occurring chronic health conditions <input type="checkbox"/> Attempting a treatment protocol for a chronic health condition, but the treatment is not improving health <input type="checkbox"/> Palliative health condition
	<p>Presence of a health issue with any of the following:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Not connected with professional resources to assist with a serious health issue, by choice <input type="checkbox"/> Single chronic or serious health concern but does not connect with professional resources <input type="checkbox"/> Unable to follow the treatment plan as a direct result of homeless status <input type="checkbox"/> 60 Years of Age or Older with one or more consecutive years of homelessness and none of the other conditions noted above as scoring a “4”
	<ul style="list-style-type: none"> <input type="checkbox"/> Presence of a relatively minor physical health issue, which is managed and cared for with appropriate professional resources or through informed self-care, <input type="checkbox"/> Presence of a physical health issue, for which appropriate treatment protocols are followed, but there is still a moderate impact on their daily living
	<p>Single chronic or serious health condition, but all of the following are true:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Able to manage the health issue and live a relatively active and healthy life <input type="checkbox"/> Connected to appropriate health supports <input type="checkbox"/> Educated and informed on how to manage the health issue and consistently follow these requirements.
	<ul style="list-style-type: none"> <input type="checkbox"/> No serious or chronic health condition disclosed, observed, or suspected <input type="checkbox"/> If any minor health condition, they are managed appropriately

NOTES/COMMENTS RATIONALE:



C. Medication

Any of the following:

- In the past 30 days, started taking a prescription which **is** having any negative impact on daily living, socialization, or mood
- Shares or sells prescription, but **keeps less** than is sold or shared
- Regularly misuses medication (e.g. frequently forgets; often takes the wrong dosage; uses some or all of medication to get high)
- Has had a medication prescribed in the last 90 days that remains unfilled, for any reason

Any of the following:

- In the past 30 days, started taking a prescription which is **not** having any negative impact on daily living, socialization, or mood
- Shares or sells prescription, but **keeps more** than is sold or shared
- Requires intensive assistance to manage or take medication (e.g., assistance organizing in a pillbox; working with pharmacist to blister-pack; adapting the living environment to be more conducive to taking medications at the right time for the right purpose, like keeping nighttime medications on the bedside table and morning medications by the coffeemaker)
- Medications are stored and/or administered by a third-party

Any of the following:

- Fails to take medication at the appropriate time or appropriate dosage, 1-2 times per week
- Self-manages medication except for requiring reminders or assistance for refills
- Successfully self-managing medication for 30 or fewer consecutive days

Successfully self-managing medication for more than 30, but less than 180, consecutive days

Any of the following:

- No medication prescribed to them
- Successfully self-managing medication for 181+ consecutive days

NOTES/COMMENTS RATIONALE:



D. Substance Use

In a life-threatening health situation as a direct result of substance use, **or**,

In the past 30 days, **any** of the following are true...

- Substance use is almost daily (21+ times) **and** often to the point of complete inebriation
- Binge drinking, non-beverage alcohol use, or inhalant use 4+ times
- Substance use resulting in involuntarily passing out 2+ times

Experiencing serious health impacts as a direct result of substance use, though not in a life-threatening position as a result, **or**,

In the past 30 days, **any** of the following are true...

- Substance use (drugs and/or alcohol) reached the point of complete inebriation 12-20 times
- Alcohol use usually exceeded the consumption thresholds (at least 5+ times), but usually not to the point of complete inebriation
- Binge drinking, non-beverage alcohol use, or inhalant use occurred 1-3 times

In the past 30 days, **any** of the following are true...

- Substance use reached the point of complete inebriation fewer than 12 times
- Alcohol use exceeded the consumption thresholds fewer than 5 times

In the past 365 days, no alcohol use beyond consumption thresholds, **or**,

If making claims to sobriety, no substance use in the past 30 days

In the past 365 days, no substance use

NOTES/COMMENTS RATIONALE:

E. Experience of Abuse and/or Trauma

REMINDER:

- ➔ This section is entirely self-reported. The purpose of this component is not to uncover what the traumatic events were/are, and care must be exercised to avoid exploring the traumatization through questioning.
- ➔ If the individual says they have suffered no abuse, they get a “0”. Reports regarding this component may change over time and this will be captured during updates to the SPDAT.
- ➔ Look for the impact of abuse or trauma on housing stability

A reported experience of abuse or trauma, believed to be a direct cause of their homelessness

A reported experience of abuse or trauma that is **not** believed to be a direct cause of homelessness, but the abuse or trauma (experienced before, during, or after homelessness) is impacting daily functioning and/or ability to get out of homelessness

Any of the following:

A reported experience of abuse or trauma, but is not believed to impact daily functioning and/or ability to get out of homelessness

Engaged in therapeutic attempts at recovery, but does not consider self to be recovered

A reported experience of abuse or trauma, and considers self to be recovered

No reported experience of abuse or trauma

NOTES/COMMENTS RATIONALE:



F. Risk of Harm to Self or Others**Any of the following:**

- In the past 90 days, left an abusive situation
- In the past 30 days, attempted, threatened, or actually harmed self or others
- In the past 30 days, involved in a physical altercation (instigator or participant)
- Sleeping outside and not prepared with supplies and knowledge

Any of the following:

- In the past 180 days, left an abusive situation, but no exposure to abuse in the past 90 days
- Most recently attempted, threatened, or actually harmed self or others in the past 180 days, but not in the past 30 days
- In the past 365 days, involved in a physical altercation (instigator or participant), but not in the past 30 days

Any of the following:

- In the past 365 days, left an abusive situation, but no exposure to abuse in the past 181+ days
- Most recently attempted, threatened, or actually harmed self or others in the past 365 days, but not in the past 181+ days
- 366+ days ago, 4+ involvements in physical altercations

- 366+ days ago, 1-3 involvements in physical altercations
- Sleeping outside and is prepared

- Reports no instance of harming self, being harmed, or harming others

NOTES/COMMENTS RATIONALE:

G. Involvement in Higher Risk and/or Exploitive Situations

	<p>Any of the following:</p> <p><input type="checkbox"/> In the past 180 days, engaged in 10+ higher risk and/or exploitive events</p> <p><input type="checkbox"/> In the past 90 days, left an abusive situation</p>
	<p>Any of the following:</p> <p><input type="checkbox"/> In the past 180 days, engaged in 4-9 higher risk and/or exploitive events</p> <p><input type="checkbox"/> In the past 180 days, left an abusive situation, but not in the past 90 days</p>
	<p>Any of the following:</p> <p><input type="checkbox"/> In the past 180 days, engaged in 1-3 higher risk and/or exploitive events</p> <p><input type="checkbox"/> 181+ days ago, left an abusive situation and the past abuser is not deceased or incarcerated</p>
	<p><input type="checkbox"/> Any involvement in higher risk and/or exploitive situations occurred more than 180 days ago but less than 365 days ago</p>
	<p><input type="checkbox"/> In the past 365 days, no involvement in higher risk and/or exploitive events</p>

NOTES/COMMENTS RATIONALE:



H. Interaction with Emergency Services

<input type="checkbox"/>	In the past 180 days, cumulative total of 10+ interactions with emergency services
<input type="checkbox"/>	In the past 180 days, cumulative total of 4-9 interactions with emergency services
<input type="checkbox"/>	In the past 180 days, cumulative total of 1-3 interactions with emergency services
<input type="checkbox"/>	Any interaction with emergency services occurred more than 180 days ago but less than 365 days ago
<input type="checkbox"/>	In the past 365 days, no interaction with emergency services

NOTES/COMMENTS RATIONALE:



I. Legal Involvement

Any of the following:

- Current outstanding legal issue(s), likely to result in fines of \$500+
- Current outstanding legal issue(s), likely to result in incarceration of 3+ months (cumulatively), inclusive of any time held on remand/in detention
- Identified as a sexual predator or dangerous offender
- If there are conditions of release that, if not met, will likely result in being incarcerated for a period greater than 90 days

Any of the following:

- Current outstanding legal issue(s), likely to result in fines less than \$500
- Current outstanding legal issue(s), likely to result in incarceration of less than 90 days (cumulatively), inclusive of any time held in remand/detention
- If there are conditions of release that, if not met, will likely result in being incarcerated for a period of 90 days or less

Any of the following:

- In the past 365 days, relatively minor legal issue has occurred and was resolved through community service or payment of fine(s)
- Current outstanding relatively minor legal issue that is unlikely to result in incarceration (but may result in community service) or house arrest

There are no current legal issues, **and** any legal issues that have historically occurred have been resolved without community service, payment of fine, or incarceration

No legal issues within the past 365 days, **and** currently no conditions of release

NOTES/COMMENTS RATIONALE:



J. Managing Tenancy**Any of the following:**

- Currently homeless
- In the next 30 days, will be re-housed or return to homelessness
- In the past 365 days, was re-housed 6+ times
- In the past 90 days, support worker(s) have been cumulatively involved 10+ times with housing matters outside of regular housing supports

Any of the following:

- In the next 60 days, will be re-housed or return to homelessness, but not in next 30 days
- In the past 365 days, was re-housed 3-5 times
- In the past 90 days, support worker(s) have been cumulatively involved 4-9 times with housing matters outside of regular housing supports

Any of the following:

- In the past 365 days, was re-housed 2 times
- In the past 180 days, was re-housed 1+ times, but not in the past 60 days
- Continuously housed for at least 90 days but not more than 180 days
- In the past 90 days, support worker(s) have been cumulatively involved 1-3 times with housing matters outside of regular housing supports

Any of the following:

- In the past 365 days, was re-housed 1 time
- Continuously housed, with no assistance on housing matters, outside of regular housing supports, for at least 180 days but not more than 365 days

- Continuously housed, with no assistance on housing matters, outside of regular housing supports, for at least 366 days

NOTES/COMMENTS RATIONALE:

K. Personal Administration & Money Management

Any of the following:

- Cannot create or follow a budget, regardless of supports provided
- Does not comprehend financial obligations
- Does not have an income (including formal and informal sources)
- Substantial real or perceived debts with a payment required of at least \$1,000 per month, past due or requiring monthly payments
- Not aware of the full amount spent on substances, if they use substances
- Compulsive, chronic or chaotic gambling that makes it impossible to meet other financial obligations

Any of the following:

- Requires intensive assistance to create and manage a budget (including any legally mandated guardian/trustee that provides assistance or manages access to money)
- Only understands their financial obligations with the assistance of a 3rd party
- Not budgeting for substance use or gambling, if they are involved with either activity
- Real or perceived debts of \$500-\$999 per month, past due or requiring monthly payments

Any of the following:

- In the past 365 days, source of income has changed 2+ times
- Real or perceived debts of \$100 - \$499 per month
- Budgeting to the best of ability (including formal and informal sources), but still short of money every month for essential needs
- Voluntarily receives assistance creating and managing a budget or restricts access to their own money (e.g. voluntary guardian/trusteeship)
- Has been self-managing financial resources and taking care of associated administrative tasks for less than 90 days

- Has been self-managing financial resources and taking care of associated administrative tasks for at least 90 days, but for less than 180 days

- Has been self-managing financial resources and taking care of associated administrative tasks for at least 180 days

NOTES/COMMENTS RATIONALE:



L. Social Relationships & Networks

Any of the following:

- In the past 90 days, left an exploitive, abusive, or dependent relationship
- Friends, family, or other people are placing security of housing at imminent risk, or impacting life, wellness, or safety
- No friends or family and demonstrates struggles to engage in socially appropriate ways in public/ social service settings (i.e. aggressive behavior, yelling, etc.)
- Currently homeless or recently re/housed and would classify most of friends and family as homeless

Any of the following:

- In the past 90-180 days, left an exploitive, abusive, or dependent relationship
- Friends, family, or other people are having some negative consequences on wellness or housing stability
- No friends or family but demonstrating an ability to engage in socially appropriate ways in public/ service settings
- Meeting new people with an intention of forming friendships
- Reconnecting with previous friends or family members, but having trouble advancing the relationship
- Currently homeless or recently housed, and would classify some of friends and family as being housed, while others are homeless

Any of the following:

- More than 180 days ago, left an exploitive, abusive, or dependent relationship and the abuser is not incarcerated or deceased
- Developing relationships with new people but not yet fully trusting them
- Currently homeless or recently housed, and would classify friends and family as being housed

Has been housed for less than 180 days, **and** is engaged with friends or family, who are having no negative consequences on the individual's housing stability

Has been housed for at least 180 days, **and** is engaged with friends or family, who are having no negative consequences on the individual's housing stability

NOTES/COMMENTS RATIONALE:



M. Self-Care & Daily Living Skills

Any of the following:

- Unable and/or unaware of how to care for themselves, their apartment, or their surroundings
- Currently homeless and relies upon others to meet basic needs (e.g. access to shelter, showers, toilet, laundry, food, and/or clothing) on an almost daily basis
- Engaged in hoarding or collecting behavior and is not aware that it is an issue in their life

Any of the following:

- Able and/or aware of some areas of how to care for themselves, their apartment or their surroundings, but misses other areas because of lack of insight
- In the past 180 days, relied upon others to meet basic needs (e.g. access to shelter, showers, toilet, laundry, food, and/or clothing), 14+ days in any 30-day period
- Engaged in hoarding or collecting behavior and is aware that it is an issue in their life

Any of the following:

- Fully able and/or aware of all that is required to take care of themselves, their apartment and their surroundings, but has not yet mastered the skills or time management to fully execute this on a regular basis
- In the past 180 days, relied upon others to meet basic needs (e.g. access to shelter, showers, toilet, laundry, food, and/or clothing), fewer than 14 days in every 30-day period

- In the past 365 days, accessed community resources 4 or fewer times, and is fully taking care of all their daily needs

- For the past 366 days, fully taking care of all their daily needs independently

NOTES/COMMENTS RATIONALE:



N. Meaningful Daily Activity

<input type="checkbox"/>	No planned, legal activities described as providing fulfillment or happiness
<input type="checkbox"/>	Discussing, exploring, signing up for and/or preparing for new activities or to re-engage with planned, legal activities that used to provide fulfillment or happiness
<input type="checkbox"/>	Attempting new or re-engaging with planned, legal activities that used to provide fulfillment or happiness, but uncertain that activities selected are currently providing fulfillment or happiness, or the individual is not fully committed to continuing the activities
<input type="checkbox"/>	Has planned, legal activities described as providing fulfillment or happiness 1-3 days per week
<input type="checkbox"/>	Has planned, legal activities described as providing fulfillment or happiness 4+ days per week

NOTES/COMMENTS RATIONALE:



O. History of Housing & Homelessness

	<input type="checkbox"/> Over the past 10 years, cumulative total of 5+ years of homelessness, OR <input type="checkbox"/> Currently homeless and has neither had a lease in their name nor owned a house in their name
	<input type="checkbox"/> Over the past 10 years, cumulative total of 2+ years but fewer than 5 years of homelessness, OR <input type="checkbox"/> Currently housed after being homeless, never had a lease in their name nor owned a house in their name, and has been housed 180 days or less
	<input type="checkbox"/> Over the past 4 years, cumulative total of 30+ days but fewer than 2 years of homelessness, OR <input type="checkbox"/> Currently housed after being homeless, never had a lease in their name nor owned a house in their name, and has been housed 181 days or more
	<input type="checkbox"/> Over the past 4 years, cumulative total of 7+ days but fewer than 30 days of homelessness, OR <input type="checkbox"/> Currently housed after being homeless, previously had a lease in their name or owned a house in their name, and has been housed 180 days or less
	<input type="checkbox"/> Over the past 4 years, cumulative total of 7 or fewer days of homelessness, OR <input type="checkbox"/> Currently housed after being homeless, previously had a lease in their name or owned a house in their name, and has been housed 181 days or more

NOTES/COMMENTS RATIONALE:



COMPONENT	SCORE	COMMENTS
MENTAL HEALTH & WELLNESS AND COGNITIVE FUNCTIONING		
PHYSICAL HEALTH & WELLNESS		
MEDICATION		
SUBSTANCE USE		
EXPERIENCE OF ABUSE AND/OR TRAUMA		
RISK OF HARM TO SELF OR OTHERS		
INVOLVEMENT IN HIGHER RISK AND/OR EXPLOITIVE SITUATIONS		
INTERACTION WITH EMERGENCY SERVICES		
LEGAL INVOLVEMENT		
MANAGING TENANCY		
PERSONAL ADMINISTRATION & MONEY MANAGEMENT		
SOCIAL RELATIONSHIPS & NETWORKS		
SELF-CARE & DAILY LIVING SKILLS		
MEANINGFUL DAILY ACTIVITIES		
HISTORY OF HOUSING & HOMELESSNESS		
TOTAL		<p>Score: Recommendation: 0-19: Least intensive service supports 20-34: Moderate and often time-limited supports 35-60: High intensity supports lasting for a longer duration of time and perhaps even permanently</p>

