



Centre Name: Bennetto Community Centre
Address: 450 Hughson Street North
Phone: 905-546-4944
Email: recreation@hamilton.ca

For real time program info:
hamilton.ca/gym



GYM SCHEDULE – January 8, 2024 to March 31, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
*Cardio, Balance & Strength (55+) 10:00-11:00am <i>\$2.49 per visit</i>	Open Gym (Parent & Tot) 10:30-12:00pm	Basketball (18+) 7:30-9:00pm	Open Gym (Parent & Tot) 10:30-12:00pm	*Cardio, Balance & Strength (55+) 10:00-11:00am <i>\$2.49 per visit</i>	Open Gym (Family - FREE) 12:00-1:30pm	
Open Gym (9-12 yrs) 3:00-4:30pm			Pickleball (18+) 12:30-2:30pm	Open Tech Help (55+) 11:00am - 1:00pm	Pickleball (18+) 1:45-3:45pm	
Open Gym (Family) 5:00-6:30pm			Pickleball (18+) 6:45-8:45pm	Open Gym (9-12 yrs) 5:15-6:45pm		
Volleyball (18+ yrs) 6:45-8:45pm				Open Gym (13 – 17 yrs) 7:00-8:30pm		

NOTES: Centre will be open for modified program schedule on Monday February 19, 2024 (Family Day)
 Centre will be closed on Friday March 29, 2024 (Good Friday)

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.