



**Centre Name:** Hill Park Recreation Centre  
**Address:** 305 South Bend Road East  
**Phone:** (905) 546-4920  
**Email:** recreation@hamilton.ca

**For real time program info:**  
[hamilton.ca/gym](https://hamilton.ca/gym)



### GYM SCHEDULE – January 8, 2024 to March 31, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Open Gym</b> (13-17yrs) 8:00pm-9:00pm		<b>Badminton</b> (Family) 6:00pm-7:00pm	<b>Badminton</b> (18+) 7:45pm-8:45pm	<b>Open Gym</b> (Family) 6:00pm-7:15pm	<b>Open Gym</b> (all ages) 9:30am-11:30am	
		<b>Badminton</b> (18+) 7:15pm-9:00pm		<b>Open Gym</b> (13-17) 7:30pm-9:00pm	<b>Open Gym</b> (Family) 11:45am-1:30pm	

**NOTES:** Centre will be closed on Monday February 19, 2024 (Family Day)

Centre will be closed on Friday March 29, 2024 (Good Friday)

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.