

Centre Name: Sir Allan Macnab

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For real time program info:

hamilton.ca/gym



GYM SCHEDULE – January 8, 2024 to March 31, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Badminton	Basketball	Open Gym	Soccer	Open Gym		
Family	13-17yrs	Family	13-17yrs	9-12yrs		
6:00-7:00pm	6:00-7:30pm	6:00-7:00pm	6:00-7:30pm	6:00-7:00pm		
Badminton	Basketball	Badminton	Soccer	Basketball		
16+	18+	16+	18+	13-17yrs		
7:00-9:00pm	8:00-9:00pm	7:15-9:00pm	7:45-9:00pm	7:00-9:00pm		

NOTES: Centre will be closed Monday February 19, 2024 (Family Day) Centre will be closed on Friday March 29, 2024 (Good Friday)

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.