

## **Health and Safety Tip Sheet**



- ⚠ Visit the cleanup location before your cleanup to look for possible hazards
- Arrange adult supervision for youth volunteers
- ⚠ Have young volunteers ask an adult first if they are unsure about picking up a piece of litter
- Wear a safety vest, bright colored or reflective clothing
- Wear clothing that will not impair your vision or movement
- ⚠ Cleanup in groups or pairs
- ⚠ Wear work gloves
- Wear closed-toe shoes
- ⚠ Keep sunscreen and bug spray handy and re-apply as necessary
- ▲ Take breaks and do not over-exert yourself
- Drink water and keep hydrated
- Suspend cleanup activities during bad weather (fog, thunder and lightning)
- ⚠ Bring a fully charged cell phone and call 911 in case of illness, injury, and/or emergency, after calling emergency services, please call 905-546-2424 x1482 to report the incident to the City
- ⚠ Do not clean up near deep or fast-moving water, or hydro dams
- ⚠ Do not pick up any hazardous items including:
  - Hypodermic needles
  - Syringes
  - Solution States Stat
  - Animal carcasses
  - Our Urine bottles
  - Heavy objects
  - Air brakes



















If you come across any hazardous or concerning items, please flag them and call 905-546-CITY (2489)

