



Centre Name: Central Memorial
Address: 93 West Ave. South
Phone: 905-546-4939
Email: recreation@hamilton.ca

For real time program info:
hamilton.ca/gym



GYM SCHEDULE – January 8, 2024 to March 31, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Pickleball (18+) 10:30am-1:30pm	Open Gym (Parent & Tot) 9:45-11:15am	Basketball (18+) 11:30am-1:30pm	Basketball (18+) 11:30am-1:30pm	Pickleball (18+) 10:30am-1:30pm	Basketball (18+) 9:00am-11:00am	Pickleball (18+) 11:30am-2:30pm
Volleyball (16+) 6:00pm-9:00pm	Basketball (18+) 11:30am-1:30pm	Basketball (18+) 5:00pm-7:00pm	Open Gym (Family) 6:15pm-7:15pm		Open Gym (Family) 11:15am-12:15pm	
	Bridge (55+) 12:00pm-4:00pm	Soccer (18+) 7:30pm-9:00pm			Bridge (55+) 12:00pm-4:00pm	
	Badminton (16+) 5:00pm-8:00pm				Badminton (16+) 12:30pm-2:00pm	

NOTES: Centre will be closed Monday February 19, 2024 (Family Day). Centre will be closed on Friday March 29, 2024 (Good Friday)

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.