

# Public Health Nurse Services for Target Schools

City of Hamilton Public Health Services works with schools to support the health and well-being of children, youth and families.

## PHNs can:

- Assist in identifying and developing school-based health and well-being goals informed by data sources such as School Climate Surveys and the Child and Youth Health Atlas: [www.hamilton.ca/ChildHealthAtlas](http://www.hamilton.ca/ChildHealthAtlas)
- Support the school community with co-development of health action plans to address the identified goals and priorities, as informed by the [Foundations for a Healthy School](#).
- Work collaboratively with:
  - » School-based Mental Health Leads and Teams
  - » Students and student groups
  - » School Councils and other caregiver or community groups within your school
- Promote and provide guidance on resources such as:
  - » School Mental Health Ontario (e.g. Building Mental Healthy Classrooms)
  - » Ophea (e.g. curriculum resources, professional development resources)
  - » Healthy Schools Certification
  - » Other community resources (e.g. recreation programs, student nutrition programs)
- Consult with school staff on guidelines and policies related to:
  - » Safe and Accepting Schools
  - » Equity and Inclusion
  - » Food and Beverage
  - » Daily Physical Activity
  - » Other health and well-being related topics
- Provide support related to the Health & Physical Education curriculum (e.g. Social Emotional Learning)
- Support and deliver other Hamilton Public Health Services programs such as school-based immunizations
- Collaborate with other Hamilton Public Health Service programs related to dental and vision screening and more



For more information, visit:

[hamilton.ca/healthyschools](http://hamilton.ca/healthyschools)