



**Name:** Jimmy Thompson Memorial Pool  
**Address:** 1099 King St. E  
**Phone:** 905-546-3747

**For real time program info:**  
[hamilton.ca/swimming](https://hamilton.ca/swimming)



| SWIMMING SCHEDULE – WINTER 2025 – January 6, 2025 – April 6, 2025 |  |               |  |               |                            |              |        |
|---|--|---------------|--|---------------|----------------------------|--------------|--------|
| PROGRAM   | MONDAY   | TUESDAY       | WEDNESDAY  | THURSDAY      | FRIDAY                     | SATURDAY     | SUNDAY |
| <b>Open Swim 18+</b>  | 11:00-12:30pm<br>(5 lanes)<br><br>7:45-9:15pm<br>(3 lanes) |               | 11:00-12:25pm<br>(5 lanes)<br><br>8:15-9:15pm<br>(3 lanes) |               | 11:00-12:30pm<br>(5 lanes) |              |        |
| <b>Waterfit</b>   |  | 9:15-10:00am  | 12:30-1:15pm   | 9:15-10:00am  |                            |              |        |
| <b>Open Swim</b>  |  |               | 7:00-8:00pm<br>(FREE)                                      |               |                            | 12:15-1:15pm |        |
| <b>Length Swim</b>  | 11:00-12:30pm<br>(2 lanes)<br><br>7:45-9:15pm<br>(4 lanes) | 10:15-12:30pm | 11:00-12:25pm<br>(2 lanes)<br><br>8:15-9:15pm<br>(4 lanes) | 10:15-12:30pm | 11:00-12:30pm<br>(2 lanes) |              |        |

**NOTES: Centre will be Closed on February 17, 2025 (Family Day)**

**For information on swim admission criteria and supervision requirements:**

<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>