



# Nomination Package

## 2025 SENIOR OF THE YEAR AWARDS

Nominations are open until June 30, 2025 at 4 pm  
[hamilton.ca/seniorsawards](https://hamilton.ca/seniorsawards)

Honour a senior citizen who has made outstanding voluntary contributions to enrich the social, cultural or civic life of our community.

We are Celebrating

30  
YEARS



The awards event will be celebrated in October 2025!

# Senior of the Year Award

The Senior of the Year Award is given to one outstanding Hamilton resident each year who, after the age of 65, has voluntarily contributed to their community. Many different areas include the arts, literature, community service, education, fitness, sport or humanitarian activities.



*Mary Tice, 2024 Senior of the Year*

## Additional Recognition Awards

Those nominated for Senior of the Year are also considered for the following awards of achievement. Please ensure your submission includes a detailed description of the nominee's accomplishments that pertain to any of the additional awards.

### Cathy Kohler Healthy and Active Living Award

The Healthy and Active Living Award recognizes a senior volunteer who has assisted a community or sport organization by promoting healthy and active programming and/or living for all ages.

### Ron Smithson Leadership Award

The Leadership Award recognizes a senior volunteer who acts as a role model and inspires commitment from others to reach goals and accomplishments. This volunteer is passionate about serving others and demonstrates skills in service to both internal and external customers. This individual also possesses outstanding attributes, including strong communications skills, resourcefulness, creativity and reliability. This volunteer sets a high level of integrity by leading through example.



### Mary Smithson Compassion and Companionship Award

The Compassion and Companionship Award recognizes a senior volunteer who demonstrates fellowship and friendship through verbal and nonverbal behaviours. This volunteer actively listens to others demonstrating empathy and concern and is someone who advocates and supports the most vulnerable within the community.



## Bernie Morelli Lifetime Achievement Award

The Lifetime Achievement Award recognizes a senior volunteer who has demonstrated excellence in long-term service, commitment to the community and dedication to volunteerism.

## Innovation Award

The Innovation Award recognizes a senior volunteer who has been instrumental in the creation of new or different programs or services that have had a significant impact on the community and/or lives of seniors.

## Diversity and Cultural Award

The Diversity and Cultural Award recognizes a senior volunteer who has assisted in the development of creative and effective programs to bring diverse cultures together. This volunteer helps to expand public recognitions and elevates awareness of common values including respect for all citizens.

## Economic Leadership Award

The Economic Leadership Award recognizes a senior volunteer whose financial management, leadership, and/or fundraising efforts have contributed to the financial goals of an organization.

## Behind the Scenes Award

The Behind the Scenes Award recognizes a senior volunteer who is not highly visible but is always willing to assist where possible for the betterment of an organization and/or their community.





## Eligibility Criteria

- Must be 65 years of age or older.
- Have contributed to the enrichment of the social, cultural or civic life of the Hamilton community.
- Has made this commitment without any personal and/or financial gain.
- Is not a previous recipient of the award.
- Has resided within the City of Hamilton for at least five years prior to the nomination.
- Must currently be a resident of the City of Hamilton.



## Tips for the Nominator

- Review the entire nomination package prior to completion.
- Consult with the nominee to confirm all information is accurate.
- Contact the organization/agency for specific details regarding the nominee's volunteer activities.
- Be specific when indicating years of volunteer service and time commitment to an organization/agency.
- Ensure you complete all requirements for the nomination.

## Requirements

- Completed Nomination Form.
  - Completed Volunteer Service Description Chart.
  - History on how this volunteer has enriched the lives of others within the Hamilton community. Please be specific if there has been an impact on the seniors' community (250-300 words).
  - Two letters of support.
- 

## If you require assistance, please contact:

**Lisa Maychak**

Senior of the Year Awards Co-ordinator

[Lisa.Maychak@hamilton.ca](mailto:Lisa.Maychak@hamilton.ca)

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### Where did you learn about the Hamilton Senior of the Year Awards?

Place check boxes below

- |   |  |
|---|--|
| <input type="checkbox"/> Social Media   | <input type="checkbox"/> Seniors Centre    |
| <input type="checkbox"/> Print Media    | <input type="checkbox"/> Recreation Centre |
| <input type="checkbox"/> Public Library | <input type="checkbox"/> Other             |



Deadline for nominations is June 30, 2025 at 4 pm  
Nominations can be submitted online at [www.hamilton.ca/seniorsawards](http://www.hamilton.ca/seniorsawards)  
Or emailed to Lisa Maychak at [Lisa.Maychak@hamilton.ca](mailto:Lisa.Maychak@hamilton.ca)

## Senior of the Year Awards Nomination Form

### NOMINEE INFORMATION

NOMINEE NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_

MOBILE OR HOME NUMBER: \_\_\_\_\_ AGE: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

NUMBER OF YEARS RESIDING IN THE CITY OF HAMILTON: \_\_\_\_\_

### NOMINATOR INFORMATION

NOMINATED BY: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_

MOBILE OR HOME NUMBER: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

### ADDITIONAL AWARD CATEGORIES:

All nominees are given equal consideration for the Senior of the Year Award.

Please **check one** additional category you would like the nominee to be considered for:

- |   |   |
|---|---|
| <input type="checkbox"/> Healthy and Active Living Award    | <input type="checkbox"/> Innovation Award             |
| <input type="checkbox"/> Leadership Award                   | <input type="checkbox"/> Diversity and Cultural Award |
| <input type="checkbox"/> Compassion and Companionship Award | <input type="checkbox"/> Economic Leadership Award    |
| <input type="checkbox"/> Lifetime Achievement Award         | <input type="checkbox"/> Behind the Scenes Award      |

**Please include in your submission** the reason the nominee should be considered for the above checked award.

## VOLUNTARY SERVICE DESCRIPTION CHART

**Name of Organization / Agency:** \_\_\_\_\_

Years of Service: \_\_\_\_\_

Description of Volunteer Service and Who Benefited:

\_\_\_\_\_

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Years of Service: \_\_\_\_\_

Description of Volunteer Service and Who Benefited:

\_\_\_\_\_

**Please ensure the following are included in your nomination package:**

1. Nomination Form
2. Volunteer Description Chart
3. History on how this volunteer has enriched the lives of others within the Hamilton community.
4. Two letters of support

Please be specific if there has been an impact on the seniors community (250-300 words)

**Please feel free to duplicate this page for additional organizations and/or agencies.**

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**French:**

Si tu préfères que ce colis de nomination soit traduit en Français, s' il vous plaît contactez Lisa Maychak au 905-546-2424, Ext.1721 ou [Lisa.Maychak@hamilton.ca](mailto:Lisa.Maychak@hamilton.ca)

**Spanish:**

"Si usted desea este paquete de nominación traducido al Español, por favor póngase en contacto con Lisa Maychak al (905) 546-2424, ext. 1721 ó [Lisa.Maychak@hamilton.ca](mailto:Lisa.Maychak@hamilton.ca)"

**Arabic:**

إذا رغبت بترجمة ملف الترشيح الى اللغة العربية يرجى الاتصال ب ليزا مايتشاك على الرقم التالي:  
[Lisa.Maychak@hamilton.ca](mailto:Lisa.Maychak@hamilton.ca) أو على البريد الإلكتروني (905) 546-2424, ext. 1721

**Chinese:**

“如果你想要这套提名信息材料翻译成中文，请通过 (905) 546-2424 分机 1721 或 [Lisa.Maychak@hamilton.ca](mailto:Lisa.Maychak@hamilton.ca) 联系 Lisa Maychak.”

**Urdu:**

اگر آپ اس نامزد پیکج کا اردو ترجمہ کرانا چاہتے ہیں تو لزا مے چک سے (905-546-2424) ایکسٹینشن 1721 یا [lisa.maychak@hamilton.ca](mailto:lisa.maychak@hamilton.ca) پر رابطہ کیجیے

**Somali:**

"Haddi aad rabto xirmada magacaabidan in loo turjimo Somali fadlan la xiirir Lisa Maychak ee laga helo 905-546-2424 ext. 1721 ama [Lisa.maychak@hamilton.ca](mailto:Lisa.maychak@hamilton.ca)"

**Tagalog:**

"Kung nais mong itong pakete ng pagmumungkahi ng kandidato naisalin sa Tagalog, mangyari po lamang makipag-ugnay kay Lisa Maychak sa telepono 905-526-2424, ext .1721 o [Lisa.Maychak@hamilton.ca](mailto:Lisa.Maychak@hamilton.ca)"

**Italian:**

"Se desidera questo pacchetto per la nomina tradotto in italiano la preghiamo di contattare via telefono Lisa Maychak al (905) 546-2424, interno 1721 oppure via email [Lisa.Maychak@hamilton.ca](mailto:Lisa.Maychak@hamilton.ca)"

**Portuguese:**

"Se você quizer este pacote de nomeação traduzido para Português entre em contato com a Lisa Maychak pelo telefone (905) 546-2424, extensão 1721 ou [Lisa.Maychak@hamilton.ca](mailto:Lisa.Maychak@hamilton.ca)"

**Polish:**

"Jeżeli chcielibyście Państwo otrzymać pakiet nominacyjny, w języku polskim, to prosimy o telefoniczne skontaktowanie się z Lisą Maychak, pod numerem (905) 546-2424, albo drogą mailową: [Lisa.Maychak@hamilton.ca](mailto:Lisa.Maychak@hamilton.ca)"

**Greek:**

Αν θέλετε αυτό το πακέτο υποψηφιότητας να μεταφραστεί στα Ελληνικά, παρακαλώ επικοινωνήστε με την Lisa Maychak στο (905-546-2424, ext. 1721) ή με ηλεκτρονικό ταχυδρομείο στο [Lisa.Maychak@hamilton.ca](mailto:Lisa.Maychak@hamilton.ca)



# City of Hamilton

## Senior Centres and Clubs



City-wide clubs and centres exclusive to adults 55 years & older offering registered programs, drop-in classes, social events and awards. Contact the centre or club to learn more about how you can become a member.

### **Ancaster Senior Achievement Centre**

622 Alberton Rd. S.  
Alberton, ON L0R 1A0  
905-648-3466

### **Club 60 Seniors**

6 King St. W.  
Stoney Creek, ON L8G 1G8  
905-664-6110

### **Dundas Senior Citizen's Club**

10 Market St. S.  
Dundas, ON L9H 5G4  
905-546-2424 x2260

### **Flamborough Seniors Centre**

163 Dundas St. E.  
Waterdown, ON L8N 2Z7  
905-546-2424 x6315

### **Main Hess Seniors Activity Club**

200 Jackson St. W.  
Hamilton, ON L8P 4R9  
905-546-4964

### **Putman Family YWCA Active Living Centre**

52 Ottawa St. N.  
Hamilton, ON L8H 4B2  
905-529-7727

### **Rosedale Seniors Club**

100 Greenhill Ave.  
Hamilton, ON L8K 6M4  
905-540-5320

### **Sackville Hill Seniors Centre**

780 Upper Wentworth St.  
Hamilton, ON L9A 4V5  
905-546-2541

### **Seniors Activities of Southwest Hamilton (SASH)**

251 Duke St.  
Hamilton, ON L8P 2E2  
905-521-2240

### **Victoria Park**

516 King Street West  
Hamilton, ON L8P 1C1

### **Warden Park Seniors Club**

1655 Barton St. E.  
Hamilton, ON L8H 3C3  
905-546-4256

### **Winona Seniors Club**

1239 Hwy 8  
Stoney Creek, ON L8E 5S4  
905-643-4563

### **YWCA Hamilton Seniors Active Living Centre MacNab**

75 MacNab St. S.  
Hamilton, ON L8P 3C1  
905-529-7727

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# NOTES

[illegible]



30<sup>th</sup> Annual

**SENIOR OF THE YEAR AWARDS**

**Nomination Package**



Hamilton