



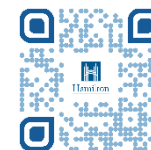
Centre Name: Dalewood Recreation Centre

Address: 1152 Main St W

Phone: 905-546-3747

For real time program info:

hamilton.ca/gym



GYM SCHEDULE – SPRING 2025 – April 7, 2025 – June 16, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Badminton (18+) 7:45-9:15pm	Pickleball (18+) 6:00-7:30pm	Open Gym (Family) 6:15-7:45pm FREE	Volleyball (18+) 7:15-9:00pm	Open Gym (13-17) 6:00-7:30pm	Badminton (18+) 1:15-3:30pm	CLOSED
	Open Gym (18+) 7:45-9:15pm	Basketball (18+) 7:45-9:15pm		Open Gym (18+) 7:45-9:15pm		

NOTES: Centre will be Closed on April 18, 2025 (Good Friday), April 21, 2025 (Easter Monday) and Monday May 19, 2025 (Victoria Day)

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.