



**Centre Name:** Winona Seniors Club  
**Address:** 1239 Highway 8, Stoney Creek ON  
**Phone:** 905-546-3747  
**Email:** recreation@hamilton.ca

**For real time program info:**  
[hamilton.ca/recreation55](http://hamilton.ca/recreation55)



**OLDER ADULT (55+) SCHEDULE – Spring 2025 – April 7, 2025 – June 29, 2025**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Snooker</b> 8:00am-12:00pm \$2.00	<b>Restorative Yoga</b> 8:45- 9:45am \$2.50	<b>Snooker</b> 8:00am-12:00pm \$2.00	<b>Watercolour Painting</b> <b>*FULL</b> 9:30am-12:00pm \$7.00	<b>Chair Yoga</b> 9:30-10:30am \$2.50	<b>Snooker</b> 8:00am-12:00pm \$2.00	<b>Bid Euchre Tournament</b> 12:30-4:00pm **First Sunday of the month
<b>Intermediate Line Dancing</b> 9:30-11:30am \$2.50	<b>Snooker</b> 9:00am-12:00pm \$2.00	<b>Beginner Line Dancing</b> 9:30-11:30am \$2.50	<b>Snooker</b> 9:00am-12:00pm \$2.00	<b>Shuffleboard</b> 12:30-3:00pm \$2.50	<b>Swedish Weaving</b> <b>*FULL</b> 9:00-11:30am \$7.50	<b>Darts</b> 1:00-4:00pm \$2.50 **Excluding first Sunday of the month
<b>Tap</b> 11:30am-12:00pm <b>Baton</b> 12:00-12:30pm \$2.50	<b>Dance Gold</b> 10:15-11:15am \$4.00	<b>4 Handed Bid Euchre</b> 1:00-4:00pm \$2.50	<b>Snooker</b> 12:00pm-3:00pm \$2.00	<b>Acrylic Painting</b> 3:15-6:00pm \$5.00	<b>Crafts</b> 9:30am-12:00pm \$3.50	
<b>Shuffleboard</b> 12:30 –3:00pm \$2.50	<b>Snooker</b> 12:00-3:00pm \$2.00	<b>Cardio Strength Yoga</b> <b>*Starts April 30</b> 4:30-5:30pm \$2.50	<b>Cardio, Balance, Strength</b> 2:00-3:00PM \$2.50	<b>4 Handed Bid Euchre</b> 7:00-9:00pm \$2.50	<b>Themed Social</b> **Last Saturday of the Month	
<b>4 Handed Bid Euchre</b> 7:00-9:00pm \$2.50	<b>6 Handed Bid Euchre</b> 12:30-4:00pm \$2.50	<b>Contract Bridge</b> 7:00 –9:30pm \$2.00	<b>Tap</b> 5:15-5:45pm <b>Baton</b> 5:45-6:15pm \$2.50			
<b>Mixed Pool</b> 7:00-9:00pm \$.50	<b>Cribbage</b> 6:45-9:30pm \$2.50	<b>Mixed Pool</b> 7:00-9:00pm \$.50				

NOTES: To participate in any senior program, you must be a paid member of the Winona Seniors Club. Membership fee is \$6.00 per year. .50 from each drop-in fee goes to Winona Seniors Club.  
For more information contact City of Hamilton, Recreation general information line at 905-546-3747.

*Funded in partnership with the  
Ministry for Seniors and Accessibility*

