



**Centre Name: Bennetto Community Centre**  
**Address:** 450 Hughson St. N.  
**Phone:** 905-546-4944

**For real time program info:**  
[hamilton.ca/gym](https://hamilton.ca/gym)



**GYM SCHEDULE – SUMMER 2025 – June 30, 2025 – August 31, 2025**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Cardio, Balance &amp; Strength</b> (55+) 10:00am – 11:00am <b>*\$3.05 per visit</b>	<b>Open Gym</b> (Family) 10:30am – 12:00pm	<b>Open Gym</b> (13-17) 5:00pm – 6:30pm	<b>Open Gym</b> (Family) 10:30am – 12:00pm	<b>Cardio, Balance &amp; Strength</b> (55+) 10:00am – 11:00am <b>*\$3.05 per visit</b>		
<b>Open Gym - FREE</b> (Family) 5:00pm – 6:30pm		<b>Open Gym</b> (13-17) 7:00pm – 8:30pm	<b>Pickleball</b> (18+) 12:30pm – 2:30pm	<b>Open Gym</b> (9-12) 5:00pm – 6:30pm		
<b>Open Gym</b> (13-17) 7:00pm – 8:30pm			<b>Open Gym</b> (6-12) 5:00pm – 6:15pm	<b>Open Gym</b> (Family) 7:00pm – 8:30pm		
			<b>Pickleball</b> (18+) 6:30pm – 8:30pm			

**NOTES: Centre will be Closed July 1, 2025 (Canada Day), August 4, 2025 (Civic Holiday) and September 1, 2025 (Labour Day)**

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.