



Centre Name: Central Memorial Recreation Centre
Address: 93 West Avenue S, Hamilton ON L8N1S1
Phone: 905 546 3747

For real time program info:
hamilton.ca/gym



GYM SCHEDULE – SUMMER 2025 – June 30, 2025 – August 31, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Pickleball (18+) 11:30am-1:30pm	Bridge (55+) 12:00pm-4:00pm	Basketball (18+) 10:30am-12:30pm	Basketball (18+) 11:30am-1:30pm		Basketball (18+) 9:00am-11:00am	Pickleball (18+) 11:30am-1:30pm
Volleyball (16+) 5:30pm-8:30pm	Badminton (16+) 5:00pm-8:00pm	Basketball (18+) 6:00pm-8:00pm	Volleyball (16+) 5:30pm-8:30pm		Open Gym (Family) 11:15am-12:15pm	
					Bridge (55+) 12:00pm-4:00pm	
					Badminton (16+) 12:30pm-2:00pm	

NOTES: Centre will be Closed July 1, 2025 (Canada Day), August 4, 2025 (Civic Holiday) and September 1, 2025 (Labour Day)

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.