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**For real time program info:**

hamilton.ca/swimming



**SWIMMING SCHEDULE – SUMMER 2025 – June 30, 2025 – August 31, 2025**

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Open Swim 18+</b>	11:00-12:30pm (5 lanes)  8:00-9:00pm (3 lanes)		11:00-12:25pm (5 lanes)  8:00-9:00pm (3 lanes)		11:00-12:30pm (5 lanes)  8:00-9:00pm (3 lanes)		
<b>Waterfit</b>		9:15-10:00am	1:30-2:30pm	9:15-10:00am			
<b>Open Swim</b>	6:45-7:45pm		1:30-2:30pm 6:45-7:45pm		6:45-7:45pm		
<b>Length Swim</b>	11:00-12:30pm (2 lanes)  8:00-9:00pm (4 lanes)	10:15-12:30pm	11:00-12:25pm (2 lanes)  8:00-9:00pm (4 lanes)	10:15-12:30pm	11:00-12:30pm (2 lanes)  8:00-9:00pm (4 lanes)		

**NOTES:** Centre will be Closed July 1, 2025 (Canada Day), August 4, 2025 (Civic Holiday) and September 1, 2025 (Labour Day)

**For information on swim admission criteria and supervision requirements:**

<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>