



**Centre Name:** Main Hess Seniors Activity Club  
**Address:** 200 Jackson St W, Hamilton  
**(Located in a City Housing Apartment Building)**  
**Phone:** 905-546-3747

**For real time program info:**  
[hamilton.ca/recreation55](http://hamilton.ca/recreation55)



OLDER ADULT (55+) SCHEDULE – SUMMER 2025 – JUNE 30, 2025 – AUGUST 31 2025						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Stretch Your Mind</b> (Jeopardy & Brain Games) FREE (Main Room) 1:30-3:30pm	<b>Railroad Euchre</b> \$1.00 (Main Room) Starting January 14 5:00-8:00pm	<b>Social Time</b> FREE (Main Room) 1:30-3:30pm	<b>Stretch Your Mind</b> (Jeopardy & Brain Games) FREE (Main Room) 1:30-3:30pm	<b>Railroad Euchre</b> \$1.00 (Main Room) 5:30-8:30pm	<b>Bingo</b> \$0.25 a card (Main Room) 6:00-9:00 pm	<b>Closed</b>
	<b>Mandarin (Chinese) Social</b> FREE 3:00-6:00pm 181 Jackson St- Kitchen					

**NOTES:** Main Hess Seniors' Activity Club is within a City Housing Hamilton Apartment Building (buzz 100 to be let in)

KWANIS BINGO- will resume in Fall 2025.

Mandarin program closed July 1, 2025 and July 29, 2025

*Funded in partnership with the Ministry  
for Seniors and Accessibility*

