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hamilton.ca/swimming



SWIMMING SCHEDULE – SUMMER 2025 – June 30, 2025 – August 31, 2025							
PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Waterfit		11:00-11:45am		11:00-11:45am			
Open Swim 18+	1:15-2:45pm * 3 lanes 8:30-9:30pm * 3 Lanes	1:15-2:45pm * 3 lanes	8:30-9:30pm * 3 Lanes	1:15-2:45pm * 3 lanes 8:30-9:30pm * 3 Lanes			
Open Swim		6:45-8:00pm	2:30-4:00pm 6:45-8:15pm	6:45-815pm	6:45-8:15pm		
Open Swim (FEMALE ONLY)	7:00-8:00pm						
Length Swim	1:15-2:45pm * 3 Lanes 8:30-9:30pm * 3 Lanes	1:15-2:45pm * 3 Lanes	8:30-9:30pm * 3 Lanes	1:15-2:45pm * 3 Lanes 8:30-9:30pm * 3 Lanes			

**NOTES:** Centre will be Closed on July 1<sup>st</sup>, 2025 (Canada Day), August 4<sup>th</sup>, 2025 (Civic Holiday), and September 1<sup>st</sup>, 2025 (Labour Day). For information on swim admission criteria and supervision requirements:

https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines