



Name: Parkdale Outdoor Pool
Address: 1770 Main St. East
Phone: 905-546-3747

For real time program info:
hamilton.ca/outdoorpools



SWIMMING SCHEDULE – SUMMER 2025 – June 27, 2025 – August 31, 2025							
PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Length Swim (3 lanes)	4 – 5:15pm	4 – 5:15pm	4 – 5:15pm	4 – 5:15pm	4 – 5:15pm	4 – 5:15pm	4 – 5:15pm
Open Swim 18+ (shallow only)	4 – 5:15pm		4 – 5:15pm		4 – 5:15pm	4 – 5:15pm	4 – 5:15pm
Open Swim- Family (shallow only)		4 – 5:15pm		4 – 5:15pm			
Open Swim	12:30 – 2pm 2:15 – 3:45pm 5:30 – 7pm	12:30 – 2pm 2:15 – 3:45pm 5:30 – 7pm	12:30 – 2pm 2:15 – 3:45pm 5:30 – 7pm FREE	12:30 – 2pm 2:15 – 3:45pm 5:30 – 7pm	12:30 – 2pm 2:15 – 3:45pm	12:30 – 2pm 2:15 – 3:45pm 5:30 – 7pm	12:30 – 2pm 2:15 – 3:45pm 5:30 – 7pm
Open Swim- Youth (12-17 years)					5:30 – 7pm FREE		

NOTES: Centre will be Open for regular programming on July 1, 2025 (Canada Day), August 4, 2025 (Civic Holiday) and September 1, 2025 (Labour Day)

For information on swim admission criteria and supervision requirements:

<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>