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For real time program info:
hamilton.ca/swimming



SWIMMING SCHEDULE – SUMMER 2025 – June 30, 2025 – August 31, 2025

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lengths	9:00-10:00 AM 7:30-8:30 PM (3 Lanes)	7:30-9:00 AM (3 Lanes) 10:15-12:15PM	9:45-10:45 AM 7:30-8:30 PM (3 Lanes)	7:30-9:00 AM (3 Lanes) 10:15-12:15 PM	9:45-10:45 AM 7:30-8:30 PM (3 Lanes)	9:30-11:00 AM	9:30-11:00 AM
Open Swim 55+						11:30-1:00 PM	11:30-1:00 PM
Open Swim 18+	11:00-12:45 PM 7:30-8:30 PM	7:30-9:00 AM	11:45-12:45 PM 7:30-8:30 PM	7:30-9:00 AM	11:45-12:45 PM 7:30-8:30 PM		
Open Swim Parent & Tot (Warm Pool only)		10:15-11:15 AM		10:15-11:15 AM			9:30-11:00 am
Open Swim (warm pool raised)	12:45-2:45 PM	7:30-8:30 PM		7:30-8:30 PM	12:45-2:45 PM	1:00-3:30 PM	1:00-3:30 PM
Water Fit	10:15-11:00 AM		11:00-11:45 AM		11:00-11:45 AM		

NOTES: Centre will be Closed July 1, 2025 (Canada Day), Day) August 4, 2025 (Civic Holiday) and September 1, 2025 (Labour Day)
Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.

For information on swim admission criteria and supervision requirements:
<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>