



**Centre Name:** Sir Wilfrid Laurier Recreation Centre  
**Address:** 60 Albright Road  
**Phone:** 905 546 3747

**For real time program info:**  
[hamilton.ca/gym](http://hamilton.ca/gym)



**GYM SCHEDULE – SUMMER 2025 – June 30, 2025 – August 31, 2025**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
<b>Badminton</b> (18+) 12:30-2:45pm	<b>Pickleball</b> (18+) 12:30-2:45pm	<b>Badminton</b> (18+) 12:30-2:45pm	<b>Pickleball</b> (18+) 12:30-2:45pm	<b>Pickleball</b> (18+) 12:30-2:45pm	<b>Open Gym</b> (Family) 10:00-11:30am	<b>Pickleball</b> (18+) 9:30-11:45am
<b>Basketball</b> (13-17) 5:30-7:00pm	<b>Open Gym</b> (Parent and Tot) 5:30-7:00pm	<b>Volleyball</b> (16+) 6:00-8:00pm	<b>Volleyball</b> (16+) 6:00-8:00pm	<b>Open Gym</b> (6-12) 5:30-7:00pm <b>FREE</b>	<b>Volleyball</b> (16+) 12:00-2:00pm	<b>Basketball</b> (13-17) 12:15-1:45pm
<b>Basketball</b> (18+) 7:15-8:45pm	<b>Open Gym</b> (Family) 5:30-7:00pm			<b>Open Gym</b> (13-17) 7:15-8:30pm <b>FREE</b>	<b>Basketball</b> (18+) 2:30-4:15pm	<b>Open Gym</b> (Family) 2:00-3:30pm
	<b>Open Gym</b> (6-12) 7:15-8:45pm					

**NOTES: Centre will be Closed July 1, 2025 (Canada Day), August 4, 2025 (Civic Holiday) and September 1, 2025 (Labour Day)**

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.