



Name: Sir Wilfrid Laurier Recreation Centre
Address: 60 Albright Road
Phone: 905-546-3747

For real time program info:
hamilton.ca/swimming



| SWIMMING SCHEDULE – SUMMER 2025 – June 30, 2025 – August 31, 2025 | | | | | | | |
|---|----------------|----------------|----------------|----------------|----------------|---------------|-------------|
| PROGRAM | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| Waterfit | | 9:30 – 10:15am | | 9:30 – 10:15am | | | |
| Open Swim 18+ (3 lanes) | 9:30 - 10:30am | | 9:30 - 10:30am | | 9:30 - 10:30am | | |
| Open Swim (3 lanes) | 10:30 - 1pm | 10:30 - 1pm | 10:30 - 1pm | 10:30 - 1pm | 10:30 - 1pm | 10:30 - 1pm | 10:30 - 1pm |
| Length Swim (3 lanes) | 9:30 - 1pm | 10:30 - 1pm | 9:30 - 1pm | 10:30 - 1pm | 9:30 - 1pm | 10:30 - 1pm | 10:30 - 1pm |
| Length Swim (6 lanes) | 8:15 - 9:30pm | 8:15 - 9:30pm | 8:15 - 9:30pm | 8:15 - 9:30pm | 8:15 - 9:30pm | | |
| Open Swim - FREE | | | | | | 1:15 – 2:45pm | |
| Open Swim- Family | | | | | 6:30 - 8:00pm | | |

NOTES: Centre will be Closed July 1, 2025 (Canada Day), August 4, 2025 (Civic Holiday) and September 1, 2025 (Labour Day)

For information on swim admission criteria and supervision requirements:

<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>