

National Drowning Prevention Week

July 20 - 26, 2025

Sunday July 20	
Cardboard Boat Race	Central Memorial Recreation Centre 11:30 am - 2:30 pm Registration required, visit: hamilton.ca/youthrec Barcode: 26082
Colouring Contest	At all Recreation Centre locations.

Monday July 21	Tuesday July 22	Wednesday July 23	Thursday July 24	Friday July 25
Water Smart Activities during an Open Swim	Swim Level Assessment	Family Swim-to-Survive during an Open Swim	Swim Level Assessment	Water Smart Activities during an Open Swim
<p>Chedoke Outdoor Pool 12:00 - 2:00pm</p> <p>Walker Outdoor Pool 12:00 - 2:00 pm</p> <p>Sir Allan MacNab Recreation Centre 12:45 - 2:45 pm</p> <p>Hill Park Recreation Centre 2:45 - 4:00 pm</p> <p>Parkdale Outdoor Pool 5:30 - 7:00 pm</p> <p>Coronation Outdoor Pool 5:30 - 7:00 pm</p> <p>Kanétskare Recreation Centre 7:15 - 8:15 pm</p> <hr/> <p>National Drowning Prevention Week Kick Off Event</p> <p>Westmount Recreation Centre 12:00 - 2:00pm</p>	<p>Bennetto Community Centre 9:45 - 10:45 am</p> <p>Sir Wilfrid Laurier Recreation Centre 10:30 am - 1:00 pm</p> <p>Westmount Recreation Centre 11:00-1:45 pm</p> <p>Walker Outdoor Pool 12:00 - 2:00 pm</p> <p>Victoria Park Outdoor Pool 2:00 - 3:00 pm</p> <p>Green Acres Outdoor Pool 3:30 - 5:00 pm</p> <p>Parkdale Outdoor Pool 5:30 - 7:00 pm</p> <p>Central Memorial Recreation Centre 6:45 - 8:15 pm</p> <p>D.A Riverdale Recreation Centre 7:00 - 8:30 pm</p> <p>Valley Park Community Centre 7:15 - 8:15 pm</p> <p>Sir Allan MacNab Recreation Centre 7:30 - 8:30 pm</p>	<p>Kanétskare Recreation Centre 11:00 am - 12:00 pm</p> <p>Bennetto Community Centre 1:30 - 2:30 pm</p> <p>H.G. Brewster Pool 1:45 - 3:15 pm</p> <p>Stoney Creek Recreation Centre 2:00 - 3:30 pm</p> <p>Ancaster Lions Outdoor Pool 2:30 - 3:30 pm</p> <p>HG Brewster Pool 1:45-3:00 pm</p> <p>Dundas Community Pool 6:00-7:00 pm</p> <p>Dalewood Recreation Centre 4:30-6:00 pm</p> <p>Jimmy Thompson Pool 6:45-7:45pm</p> <hr/> <p>InnerTube Waterpolo</p> <p>Sir Wilfrid Laurier Recreation Centre 1:00 - 2:30pm (7 - 11 years) Barcode: 27942</p> <p>2:30 - 4:00pm (11 - 15 years) Barcode: 27943</p>	<p>Sir Wilfrid Laurier Recreation Centre 10:30 am - 1:00 pm</p> <p>Westmount Recreation Centre 12:00 - 1:00 pm</p> <p>Walker Outdoor Pool 12:00 - 2:00 pm</p> <p>Bernie Morelli Recreation Centre 1:45 - 2:45 pm</p> <p>Victoria Park Outdoor Pool 2:00 - 3:00 pm</p> <p>Green Acres Outdoor Pool 3:30 - 5:00 pm</p> <p>Parkdale Outdoor Pool 5:30 - 7:00 pm</p> <p>Bennetto Community Centre 7:00 - 8:00 pm</p> <p>Sir Winston Churchill Recreation Centre 7:00 - 8:00 pm</p> <p>Valley Park Community Centre 7:15 - 8:15 pm</p> <p>D.A Riverdale Recreation Centre 7:15 - 8:30pm</p> <p>Sir Allan MacNab Recreation Centre 7:30 - 8:30pm</p>	<p>Kanétskare Recreation Centre 11:00 am - 12:00 pm</p> <p>Westmount Recreation Centre 12:00 - 1:00 pm</p> <p>Chedoke Outdoor Pool 12:00 - 2:00 pm</p> <p>Walker Outdoor Pool 12:00 - 2:00 pm</p> <p>Birge Outdoor Pool 12:00 - 2:00 pm</p> <p>Sir Allan MacNab Recreation Centre 12:45 - 2:45 pm</p> <p>Bernie Morelli Recreation Centre 12:45 - 1:45 pm</p> <p>Sir Winston Churchill Recreation Centre 12:45 - 2:00 pm</p> <p>Hill Park Recreation Centre 2:45 - 4:00 pm</p> <p>Dalewood Recreation Centre 4:30 - 5:30 pm</p> <p>Parkdale Outdoor Pool 5:30 - 7:00 pm</p> <p>Sir Wilfrid Laurier Recreation Centre 6:30 - 8:00 pm</p> <p>Jimmy Thompson Pool 6:45 - 7:45 pm</p> <p>Bennetto Community Centre 7:00 - 8:00 pm</p>

<p>Lifesaving Sport Try-It</p> <p>Various times throughout the week at specified locations</p>	<p>Bennetto Community Centre Monday July 21 1:30 - 2:30 pm</p>	<p>Sir Wilfrid Laurier Recreation Centre Friday July 25 6:30 - 8:30 pm</p>
	<p>Norman Pinky Lewis Recreation Centre Tuesday July 22 7:00 - 8:00 pm</p>	<p>Sir Allan MacNab Recreation Centre Saturday July 26 2:00 - 3:00 pm</p>
	<p>HG Brewster Pool Friday July 25 6:00 - 7:30 pm</p>	

hamilton.ca/Swimming 

