



Bennetto Community Centre
450 Hughson St N
905-546-3747

For real time program info:
 hamilton.ca/swimming



SWIMMING SCHEDULE – FALL 2025 – September 2, 2025 – December 21, 2025							
PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Swim 18+	10:00-11:15am	10:30-11:30am*	10:30-11:30am	10:30-11:30am*	10:00-11:15am*	1:30-2:30pm	
Open Swim	7:15-8:45pm*	8:00-9:00pm		7:15-8:45pm*		2:30-3:30pm	
Open Swim FREE					6:45-8:15pm		
Open Swim (Family)		9:30-10:30am* 5:00-6:00pm		9:30-10:30am*	5:00-6:30pm		
Water Fit	11:15-12:00pm	7:15-8:00pm	9:45-10:30am				
Length Swim	12:15-1:30pm 7:15-8:45pm*	9:30-11:30am* 11:45-1:00pm	11:45-1:00pm 8:30-9:30pm	9:30-11:30am* 11:45-1:00pm 7:15-8:45pm*	10:00-11:00am* 12:15-1:30pm	12:15-1:15pm	
55+ FREE					11:15-12:00pm		

NOTES: Centre will be Closed October 13, 2025 (Thanksgiving)

For information on swim admission criteria and supervision requirements:

<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>