



**Name: Jimmy Thompson Memorial Pool**  
**Address: 1099 King St. E**  
**Phone: 905-546-3747**

**For real time program info:**  
[hamilton.ca/swimming](https://hamilton.ca/swimming)



**SWIMMING SCHEDULE – FALL 2025 – September 2, 2025 – December 21, 2025**

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Open Swim 18+</b>	11:00-12:30pm (5 Lanes)  7:45-9:15pm (3 Lanes)		11:00-12:25pm (5 Lanes)  8:15-9:15pm (3 Lanes)		11:00-12:30pm		
<b>Waterfit</b>		9:15-10:00am	12:30-1:15pm	9:15-10:00am			
<b>Open Swim</b>			7:00-8:00pm (FREE)			12:15-1:15pm	
<b>Length Swim</b>	11:00-12:30pm (2 Lanes)  7:45-9:15pm (4 Lanes)	10:15-12:30pm	11:00-12:25pm (2 Lanes)  8:15-9:15pm (4 Lanes)	10:15-12:30pm	11:00-12:30pm (2 Lanes)		

**NOTES: Centre will be Closed October 13, 2025 (Thanksgiving)**

**For information on swim admission criteria and supervision requirements:**

<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>