



Main Hess Seniors Activity Club  
200 Jackson St W, Hamilton  
**(Located in a City Housing Apartment Building)**  
**Phone: 905-546-3747**

**For real time program info:**  
[hamilton.ca/recreation55](http://hamilton.ca/recreation55)



OLDER ADULT (55+) SCHEDULE – FALL 2025 – September 2, 2025 – December 21, 2025						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Stretch Your Mind</b> (Jeopardy & Brain Games) FREE (Main Room) 1:30-3:30pm	<b>Railroad Euchre</b> \$1.00 (Main Room) 5:30-8:30pm	<b>Social Time</b> FREE (Main Room) 1:30-3:30pm	<b>Stretch Your Mind</b> (Jeopardy & Brain Games) FREE (Main Room) 1:30-3:30pm	<b>Railroad Euchre</b> \$1.00 (Main Room) 5:30-8:30pm	<b>Bingo</b> \$0.25 a card (Main Room) 6:00-9:00 pm	<b>Closed</b>
<b>KWANIS Bingo</b> <i>Starting Sept 8</i> \$4.00 per card (Main Room) 6:00-9:00pm	<b>Mandarin (Chinese) Social</b> FREE (181 Jackson St- Kitchen) 3:00-6:00pm					

**NOTES:** Main Hess Seniors' Activity Club is within a City Housing Hamilton Apartment Building (buzz 100 to be let in)  
**Centre will be closed October 13, 2025 (Thanksgiving)**

*Funded in partnership with the Ministry  
for Seniors and Accessibility*

