

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
*Craft & Social Hand & Foot Card Game 9:00-11:30am \$0.50	Chair Exercise Program FULL 10:00-10:45am \$0.50	<b>Euchre</b> 1:00-4:00pm \$3.00	Chair Exercise Program FULL 10:00-10:45am \$0.50	<b>Bid Euchre</b> 1:00-4:00pm \$3.25		<b>Bid Euchre</b> 1:00-4:00pm \$3.25
Bid Euchre 1:00-4:00pm \$3.25	Chair Yoga FULL 10:45-11:30am \$0.50		VON SMART Exercise Program FULL 10:45-11:30am FREE			
	<b>Social</b> 11:45am-1:30pm		<b>Social</b> 11:45am-1:30pm			

**NOTES:** To participate in any senior program, you must be a paid member of the Warden Seniors Club. Membership fee is \$6.00 per year.

For more information, contact City of Hamilton, Recreation general information line at 905-546-3747

Centre will be closed October 13, 2025 (Thanksgiving)

<sup>\*</sup> For Craft and Social – bring any craft that you are working on and have a space to complete (i.e. knitting, crocheting, cross stitch, ornament making, diamond art and adult colouring).