



OLDER ADULT (55+) SCHEDULE – FALL 2025 – September 2, 2025 – December 21, 2025						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Snooker 8:00am-12:00pm \$2.00	Restorative Yoga 8:45- 9:45am \$2.50	Snooker 8:00am-12:00pm \$2.00	Watercolour Painting FULL 9:30am-12:00pm \$7.00	Chair Yoga 9:30-10:30am \$2.50	Snooker 8:00am-12:00pm \$2.00	Bid Euchre Tournament 12:30-4:00pm **First Sunday of the month
Intermediate Line Dancing 9:30-11:30am \$2.50	Snooker 9:00am-12:00pm \$2.00	Beginner Line Dancing 9:30-11:30am \$2.50	Snooker 9:00am-12:00pm \$2.00	Shuffleboard 12:30-3:00pm \$2.50	Swedish Weaving 9:00-11:30am \$7.50	Darts 1:00-4:00pm \$2.50 **Excluding first Sunday of the month
Tap 11:30am-12:00pm Baton 12:00-12:30pm \$2.50	Dance Gold 10:15-11:15am \$4.00	4 Handed Bid Euchre 1:00-4:00pm \$2.50	Snooker 12:00pm-3:00pm \$2.00	Acrylic/Water based Oils 3:00-5:30pm \$5.00	Crafts 9:30am-12:00pm \$3.50	
Shuffleboard 12:30 –3:00pm \$2.50	Snooker 12:00-3:00pm \$2.00	Cardio Strength Yoga 4:30-5:30pm \$2.50	Cardio, Balance, Strength 2:15-3:00PM \$2.50	4 Handed Bid Euchre 7:00-9:00pm \$2.50	Themed Social **Last Saturday of the Month	
Watercolour Painting 3:00-5:00pm \$5.00	6 Handed Bid Euchre 12:30-4:00pm \$2.50	Contract Bridge 7:00 –9:30pm \$2.00	Tap 5:15-5:45pm Baton 5:45-6:15pm \$2.50			
4 Handed Bid Euchre 7:00-9:00pm \$2.50	Cribbage 6:45-9:30pm \$2.50	Mixed Pool 7:00-9:00pm \$1.00				
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NOTES: To participate in any senior program, you must be a paid member of the Winona Seniors Club.

Membership fee is \$6.00 per year. .50 from each drop-in fee goes to Winona Seniors Club. For more information contact City of Hamilton, Recreation general information line at 905-546-3747.

*Funded in partnership with the Ministry
 for Seniors and Accessibility*