



Central Memorial Pool
93 West Ave, S Hamilton ON L8N1S1
905-546-3747

For real time program info:
hamilton.ca/swimming



SWIMMING SCHEDULE – FALL 2025 – September 2, 2025 – December 21, 2025							
PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lengths Swims marked with a * 2 lanes only	11:15am-12:45pm	11:15am-12:45pm 5:00-6:45pm 6:45-8:30pm *	6:30am-8:30am 11:15am-12:45pm	11:15am-12:45pm 5:30-7:15pm 7:15-9:00pm *	11:15am-12:45pm	11:45am-1:15pm	11:30am-1:00pm
Open Swim 55+		10:00-11:00am		10:00-11:00am			
Open Swim	10:00-11:00am	7:00-8:30pm	10:00-11:00am	7:30-9:00pm	10:00-11:00am	1:30-3:00pm	1:15-2:30pm

NOTES: Centre will be Closed October 13, 2025 (Thanksgiving)

For information on swim admission criteria and supervision requirements:

<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>