



GYM SCHEDULE – HOLIDAY 2025 – December 22, 2025 – January 4, 2026						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Basketball (55+) 9:30 – 11:30am *Half Gym on Dec 22	Pickleball (18+) 12:30 – 3:30pm	Open Gym Parent & Tot (0-5) 9:45 – 10:45am		Basketball (18+) 9:30 – 11:00am	Open Gym Parent & Tot (0-5) 9:00 – 10:15am	Game & Activity Time (17 and Under with Adult) 9:00am – 12:30pm
Badminton (18+) 12:00-3:00pm	Game & Activity Time (6-8) 5:00 – 6:00pm	Badminton (18+) 12:30-3:30pm		Badminton (18+) 12:30-3:30pm	Game & Activity Time (6-12) 9:00am – 12:30pm	Game & Activity Time (6-12) 12:30 – 3:30pm
Open Gym (13-17) 5:30 - 7:00pm	Game & Activity Time (9-12) 6:00 – 7:00pm			Open Gym (13-17) 4:00 – 5:30pm	Open Gym (17 and Under with Adult) 10:30 – 12:30pm	Badminton (18+) 2:15 – 4:00pm
Game & Activity Time (6-8) 5:30 – 6:30pm				Open Gym (17 and Under with Adult) 4:00 – 5:30pm	Game & Activity Time (17 and Under with Adult) 12:30 – 3:30pm	Badminton (17 and Under with Adult) 2:15 – 4:00pm
Game & Activity Time (9-12) 6:30 – 7:30pm				Game & Activity Time (9-12) 5:00 – 8:00pm	Pickleball (16+) 1:00 – 4:00pm	
Pickleball (18+) 7:30 – 9:30pm				Volleyball (16+) 6:00 – 8:00pm		

Centre will be Closed December 25, 2025 (Christmas), December 26, 2025 (Boxing Day) and January 1, 2026 (New Years Day). Centre will be closed at 4pm on December 24, 2025 and December 31, 2025

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.