



Centre Name: Bennetto Community Centre
Address: 450 Hughson St. N.
Phone: 905-546-4944

For real time program info:
hamilton.ca/gym



GYM SCHEDULE – HOLIDAY 2025 – December 22, 2025 – January 4, 2026						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Cardio, Balance & Strength (55+) 10:30am – 11:30am *\$3.18 per visit				Cardio, Balance & Strength (55+) 10:30am – 11:30am *\$3.18 per visit	Open Gym (Under 17 w/parent FREE 12:30pm – 1:30pm	
Open Gym (9-12 yrs) 5:00pm – 7:00pm				Open Gym (13-17 yrs) 5:15pm – 6:45pm	Pickleball (18+) 1:45pm – 3:45pm	
Volleyball (16+) 7:00pm – 8:45pm				Volleyball (18+) 7:00pm – 8:30pm		

NOTES: Centre will be Closed December 25, 2025 (Christmas), December 26, 2025 (Boxing Day) and January 1, 2026 (New Years Day).

Centre will be closed at 4pm on December 24, 2025 and December 31, 2025

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.