



**Dalewood Recreation Centre**  
**1152 Main Street West**  
**905-546-3747**

**For real time program info:**  
 hamilton.ca/swimming



| SWIMMING SCHEDULE – HOLIDAY 2025 – December 22, 2025 – January 4, 2026 |                                       |                                    |               |          |                            |               |        |
|--|---------------------------------------|------------------------------------|---------------|----------|----------------------------|---------------|--------|
| PROGRAM  | MONDAY                                | TUESDAY                            | WEDNESDAY     | THURSDAY | FRIDAY                     | SATURDAY      | SUNDAY |
| Open Swim 18+  | 11:00-12:00pm<br>8:15-9:15pm          | 11:00-12:00pm<br>8:15-9:15pm       | 11:00-12:00pm |          | 4:30-5:30pm                | 1:00-2:00pm   | CLOSED |
| Open Swim 55+  |                                       | 9:45-10:45am                       |               |          |                            |               |        |
| Open Swim  |                                       | 7:15-8:15pm<br><b>FREE</b>         |               |          | 5:30-6:45pm<br><b>FREE</b> | 2:00-3:30pm   |        |
| Length Swim  | 9:15-10:45am<br>8:15-9:15pm (2 lanes) | 12:15-1:30pm 8:15-9:15pm (2 lanes) | 9:15-10:45am  |          | 7:00-8:30pm                | 11:45-12:45pm |        |
| Open Swim-Women's Only   |                                       |                                    |               |          |                            |               |        |

**NOTES: Centre will be Closed December 25, 2025 (Christmas), December 26, 2025 (Boxing Day) and January 1, 2026 (New Years Day).**  
**Centre will be closed at 4pm on December 24, 2025 and December 31, 2025**

For information on swim admission criteria and supervision requirements:

<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>