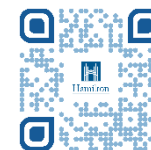




Dundas Lions Memorial Community Centre
10 Market St. S
905-546-2424 x2260

For real time program info:
hamilton.ca/gym



GYM SCHEDULE – Holiday 2025 – December 22, 2025 – January 4, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Gym (Parent & Tot) 10:00am-12:00pm FREE in partnership with EarlyOn	Open Gym (Parent & Tot) 10:00am-12:00pm FREE in partnership with EarlyOn	Pickleball (18+) 1:00pm – 3:30pm		Pickleball (55+) 12:45pm-2:45pm	Pickleball (18+) 11:30am-1:30pm	Volleyball (18+) 11:00am-1:00pm
Pickleball (55+) 12:45pm-2:45pm	Badminton (55+) 12:30pm-2:30pm			Pickleball (55+) 3:00pm-5:00pm	Open Gym (Under 17 w/Parent) FREE 2:00-4:00pm	
Pickleball (55+) 3:00pm-5:00pm	Badminton (18+) 2:30pm-4:30pm					

NOTES: Centre will be closed December 25, 2025 (Christmas), December 26, 2025 (Boxing Day) and January 1, 2026 (New Years Day).

Centre will be closed at 4pm on December 24, 2025 and December 31, 2025

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.