



**Centre Name:** Hill Park Recreation Centre  
**Address:** 305 South Bend Rd. E., Hamilton  
**Phone:** 905-546-3747

**For real time program info:**  
[hamilton.ca/gym](https://hamilton.ca/gym)



**GYM SCHEDULE – HOLIDAY 2025 – December 22, 2025 – January 4, 2026**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Open Gym</b> (13-17) 7:00pm – 9:00pm				<b>Open Gym</b> (17 & under with Adult) 6:00pm-7:15pm	<b>Open Gym</b> (All Ages) 9:30am-11:30am	
				<b>Open Gym</b> (13-17) 7:30pm-9:00pm	<b>Open Gym</b> (17 & under with Adult) 11:45am-1:30pm	

**NOTES: Centre will be Closed December 25, 2025 (Christmas), December 26, 2025 (Boxing Day) and January 1, 2026 (New Years Day).**

**Centre will be closed at 4pm on December 24, 2025 and December 31, 2025**

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.