



**Centre Name:** Main Hess Seniors Activity Club  
**Address:** 200 Jackson St W, Hamilton  
**(Located in City Housing Apartment Building)**  
**Phone:** 905-546-3747

**For real time program info:**  
[hamilton.ca/recreation55](https://hamilton.ca/recreation55)



OLDER ADULT (55+) SCHEDULE – HOLIDAY 2025 – December 22, 2025 – January 4, 2026						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Stretch Your Mind</b> (Jeopardy & Brain Games) FREE (Main Room) 1:30-3:30pm	<b>Mandarin (Chinese) Social</b> FREE (181 Jackson St-Kitchen) 3:00-6:00pm	<b>Social Time</b> FREE (Main Room) 1:30-3:30pm	Closed	Closed	Closed	Closed

**NOTES:** Main Hess Seniors' Activity Club is within a City Housing Hamilton Apartment Building (buzz 100 to be let in)

**Mandarin Program Closed December 23, 2025.**

**Centre will be Closed December 25, 2025 (Christmas), December 26, 2025 (Boxing Day) and January 1, 2026 (New Years Day).**

**Centre will be closed at 4pm on December 24, 2025 and December 31, 2025**

*Funded in partnership with the Ministry  
for Seniors and Accessibility*

