



# Hamilton

**Centre Name: Sir Wilfrid Laurier Recreation Centre**

**Address: 60 Albright Rd.**

**Phone: 905-546-3747**

**For real time program info:**

[hamilton.ca/gym](http://hamilton.ca/gym)



## GYM SCHEDULE – HOLIDAY 2025 – December 22, 2025 – January 4, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Open Gym</b> (Parent & Tot) 11:15am-12:15pm	<b>Badminton</b> (55+) 10:00am-12:00pm	<b>Pickleball</b> (55+) 10:00am-12:00pm		<b>Basketball</b> (55+) 10:00am-12:00pm	<b>Open Gym</b> (6-13yrs) 11:30am-1:30pm	<b>Open Gym</b> (17 and Under with Adult) 9:30-11:15am
<b>Badminton</b> (18+) 12:30-2:45pm	<b>Pickleball</b> (18+) 12:30-2:45pm			<b>Open Gym</b> (Parent & Tot) 10:15am-11:45am	<b>Volleyball</b> (16+) 2:00-4:00pm	<b>Open Gym</b> (Parent & Tot) 9:30am-11:15am
<b>Open Gym</b> (17 and Under with Adult) 6:00-7:45pm	<b>Open Gym</b> (17 and Under with Adult) 6:00-7:45pm			<b>Open Gym</b> (17 and Under with Adult) 6:00-7:45pm		<b>Pickleball</b> (18+) 11:45am-1:45pm
<b>Basketball</b> (18+) 8:00-9:30pm	<b>Basketball</b> (14-17yrs) 8:00-9:30pm			<b>Basketball</b> (14-17yrs) 8:00-9:30pm		<b>Basketball</b> (6-13yrs) 2:15-4:15pm
						<b>Basketball</b> (14-17yrs) 2:15-4:15pm

### NOTES:

**Centre will be Closed December 25, 2025 (Christmas), December 26, 2025 (Boxing Day) and January 1, 2026 (New Years Day).**

**Centre will be closed at 4pm on December 24, 2025 and December 31, 2025**

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.