



Centre Name: Valley Park Community Centre

Address: 970 Paramount Dr.

Phone: 905-546-3747

For real time program info:

hamilton.ca/gym



GYM SCHEDULE – HOLIDAY 2025 – December 22, 2025 – January 4, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Badminton (18+) 7:00pm-9:15pm	Basketball (13-17yrs) 8:00pm-9:30pm	Pickleball (18+) 9:00am-12:00pm		Basketball (13-17yrs) 6:15pm-8:15pm	Basketball (18+) 12:00pm-2:00pm	Open Gym (17 & Under with Adult) 12:00pm-1:30pm
		Open Gym (All Ages) 12:30pm-2:00pm			Open Gym (17 & Under with Adult) 2:15pm- 4:15pm	Open Gym (9-12yrs) 2:00pm-3:30pm

NOTES:

Centre will be Closed December 25, 2025 (Christmas), December 26, 2025 (Boxing Day) and January 1, 2026 (New Years Day).

Centre will be closed at 4pm on December 24, 2025 and December 31, 2025

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.

Camp programs will be taking place in the gym from 8am-6pm on December 22, 23, 29, 30 and January 2.